



## Drikung Kagyu Lineage

Drikung Kagyu Lineage is one of the Kagyu lineages which was founded about 850 years ago, by the enlightened spiritual master Kyoba Jigten Sumgön (1143-1217). Teachings came directly from Buddha Shakyamuni and the primordial Buddha, Vajradhara and were handed down to Gampopa (1079-1153) through fully enlightened masters such as Tilopa, Naropa, Marpa, and Milarepa. Gampopa in turn gave all these teachings to Phagmodrupa (1100-1170). Jigten Sumgön was one of the closest and chief disciples of Phagmodrupa. After receiving all the complete teachings from Phagmodrupa, Jigten Sumgön then gave them all to his chief disciple, Gurawa Tsultrim Dorje (1154-1221). All these enlightened energies, blessings and teachings were then handed down unbroken to the present 37th and 36th lineage holders, H.H. Drikung Kyabgon Chetsang Rinpoche who lives in Dehra Dun, India and H.H. Drikung Kyabgon Chungtsang Rinpoche who lives in Tibet. Lord Jigten Sumgön prophesied again and again, "In the future my teachings will flourish by the two Bodhisattvas, who are like the sun and the moon, through their compassion and wisdom." H.H. Chetsang Rinpoche is like the sun. He is the emanation of Chenrezig, the compassionate deity. H.H. Chungtsang Rinpoche is like the moon. He is the emanation of Manjushri, the wisdom deity. As a member of the Kagyu family, it shares with the other Kagyu lineages practices such as Mahāmudrā and the Six Dharmas of Naropa. Within this context of a shared heritage with the other Kagyu lineages, the Drikung Kagyu is known for the philosophical view expressed in Gong Chig, and the stages of Mahāmudrā practice known as "The Five-fold Profound Path". Furthermore, from the 16th century onward, the Drikung Kagyu has held the main transmission of a treasure-cycle known as the *Most Profound (yang zab)*. The Drikung is also known for its Great Phowa Practice and great meditators. There are many stories about those who have attained Enlightenment in one lifetime. More information at <http://www.drikung.org/>

## Ratnashri Meditation Center

Ratnashri Meditation Center is a nonprofit organization which was established 1997 by most Venerable Khenchen Konchog Gyaltsen Rinpoche. The purpose of the Center is to promote Buddha's precious teachings by providing opportunity for Dharma practitioners to study, practice, and progress on the Dharma path. To achieve this goal, the Center invites highly qualified masters to visit regularly for teachings and retreats. The Center is under the supreme guidance from His Holiness Drikung Kyabgon Chetsang Rinpoche.

The Center opens on Sundays for Dharma study and practice. Ratnashri Newsletter is published regularly to promote and inspire enthusiasm in the study and practice of Buddha's Dharma teachings in our everyday life.

### Lord Jigten Sumgön's Biography (continued)

Arriving at Drikung Thil, at the age of 37, he established Drikung Jangchubling; the largest and main seat of Drikung Kagyu in Tibet. He miraculously drew many streams to deal with water shortage at Drikung. He is also credited for starting Sojong; the purification ceremony. He built monasteries and special Stupas with many doors.

Great scholars such as Mahapandita Shakya Shri Bhadra, Ngorje Repa and Karmapa Dusum Khyenpa saw Jigten Sumgön as Nagarjuna and as Buddha himself, thus had great devotion and received many teachings from him.

With the fame, followers grew by the thousands, many of whom became great practitioners and realized yogis. Once in a summer retreat at Drikung, number of participants recorded was over 130,000. His chief disciples were Sherab Jungne, Dorje Sherab, Rinchen Jangchub, the great abbot Gurawa, Nyo Gyalwa Lhanangpa and others.

His most important teaching Gong Chig consists of 150 statements and 46 supplementary statements that were compiled by his disciple Chenga Sherab Jungne.

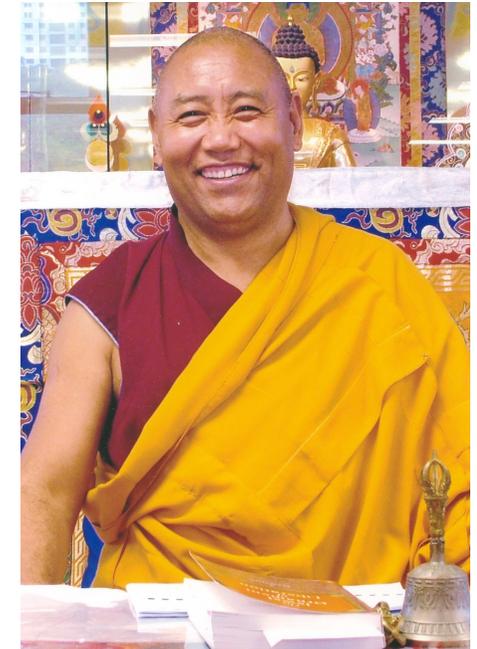
At the age of 75, in the Fire-Ox year (1217 AD), he entered Parinirvana and was cremated on 13th of Vaishaka amidst many auspicious signs.

An excellent summary of Lord Jigten Sumgön's great life deeds can be found in *The 37 Wondrous Accounts of Lord Jigten Sumgön* by Rase Konchok Gyatso. This book has recently been translated and published. It can be purchased at Ratnashri Meditation Center.



## Most Venerable Khenchen Konchog Gyaltsen Rinpoche

Aug. 14 –19, 2019 Stockholm



### Gong Chig Overview

Teachings from Lord Jigten Sumgön

Khenchen Rinpoche teaches in Tibetan with English translation by Solvej Nielsen

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## **Khenchen Konchog Gyaltshen Rinpoche**

was born in the spring of 1946 in the sacred Tsari in Tibet. In 1959, because of the political situation in Tibet, Rinpoche fled to Darjeeling in India with his family, there he began his education. Already at a young age, Rinpoche was an excellent and dedicated student.

Being among its first students at the Central Institute of Higher Tibetan Studies that had opened in Varanasi, India, Rinpoche began a nine-year program of study including *Madhyamika*, *Abhidharma*, *Vinaya*, *Abhisamayalankara*, and *Uttarantra*. In early 1968, he had the good fortune to take full monastic ordination from Kalu Rinpoche, and, shortly after graduation, he received teachings from the 16th Gyalwa Karmapa on the realization songs of the Indian mahasiddhas. Rinpoche also received teachings and instructions from great Buddhist masters such as Venerable Khunu Lama Rinpoche, with whom Rinpoche studied two works of Gampopa: *The Jewel Ornament of Liberation* and *The Precious Garland of the Excellent Path*, together with Mahamudra and many of Milarepa's songs.

Rinpoche began a three-year retreat in 1978 under the guidance of the enlightened master Khyunga Rinpoche. During the retreat, he was able to deepen and enhance his understanding of *The Fivefold Path of Mahamudra* and the profound *Gong Chig* text of Lord Jigten Sungön. Rinpoche also received many other transmissions.

In 1985, Rinpoche was able to receive personal blessings, as well as instructions and transmissions of Mahamudra and the Six Yogas of Naropa, from the enlightened master, the Venerable Pachung Rinpoche at the main seat of the Drikung Kagyu lineage in Drikung Thil, Tibet.

In 1982, Rinpoche travelled to the U.S. Since then, his compassion and dedication to the Dharma have taken him to all parts of the world, tirelessly giving teachings and organizing Dharma centers. He singlehandedly translated all the major Drikung Kagyu meditation practices into English. Dedicated to make Dharma available to the West, Rinpoche has published many books including *Great Kagyu Masters*, *Jewel Ornament of Liberation*, *Complete Buddhist Path* and *Opening the Treasure of the Profound*.

As the Great Abbot for the Drikung Kagyu Lineage, Rinpoche selflessly shares his knowledge with ordained monks and nuns in monasteries in India, Nepal and China Tibet. With his heart and mind firmly turned towards the Dharma, Rinpoche truly blazes with magnificence, goodness, and virtue. Rinpoche's teaching can truly change your life if you take them sincerely to heart.

## **GONG CHIG OVERVIEW**

Weekdays: **Aug. 14, 15, 16, 19, kl. 18.30 - 20.30**

Sat. – Sun., **Aug. 17 – 18, kl. 10 – 17**

**Venue: RATNASHRI MEDITATION CENTER**

Friggavägen 11, Lidingö

*(T-Ropsten, from Ropsten, take bus to Lidingö Centrum. Walk on Odenvägen. Then turn left onto Friggavägen.)*

Fee: 1 500 SEK for the entire course OR

200 SEK per weekday, 500 SEK per weekend day.

Registration by email to [info@ratnashri.se](mailto:info@ratnashri.se) is required, latest by August 13. Lunch is included in the weekend.

Taught by Lord Jigten Sumgön (the reincarnation of Nagarjuna and the founder of the Drikung Kagyu lineage), and compiled by his disciple Chenga Sherab Jungne, *Gong Chig (The Single Intent)* conveys clearly the essence of the Buddha's entire teachings. It delineates the universal law of causality, Nagarjuna's philosophy of dependent arising, and opens one's mind to moral ethics that help to guard oneself against confusion and deceit. The 8<sup>th</sup> Karmapa even praised it as the "*doctrine of the Kagyu*". Khenchen Rinpoche said, "*In order to free oneself from Samsara and to achieve enlightenment, Gong Chig teaching is indispensable. It describes precisely the fine line between Samsara and Nirvana.*"

Some of the distinguishing features of *Gong Chig* are:

- First, each vajra statement is endowed with four Pramana or measures: 1. They are the teaching of all the Tathagatas. 2. They are the Pith Instructions of the Guru. 3. They are based on one's own experience. 4. They are accounts of dependent arising.
- Second, *Gong Chig* propounds important facts, such as, A. Mahamudra and Moral Conduct are one and the same. B. What is prohibited is primordially prohibited, and what is permitted is primordially permitted. C. The three baskets and the four classes of tantra are the gradual stages of the path. D. The best protection wheel is bodhicitta.

Khenchen Rinpoche has chosen to teach the Gong Chig Overview in Tibetan using Overview of Gong Chig, the Sacred Dharma (dam chos gdongs pa gcig pa'i khog dbub) by Chenga Dorje Sherab. Rinpoche wishes to give us a complete introduction to Gong Chig. Solvej Nielsen will kindly translate Rinpoche's teachings into English.

## **Private Audience with Rinpoche**

Registration by email to [info@ratnashri.se](mailto:info@ratnashri.se) is required.

## **Biography of Lord Jigten Sumgön (1143-1217)**

The glorious Phagmodrupa had five hundred disciples honored with white parasols. However, he repeatedly proclaimed that his successor would be an Upasaka of the tenth Bodhisattva stage. That person was no other than the peerless Kyobpa Jigten Sumgön, emanation of Tathagata Lurik Dronma and Nagarjuna.

Propheesied in many Sutras, Kyobpa Jigten Sumgön was born in a noble family of Kyura clan in Tibet. His father Naljorpa Dorje was a great Yamantaka practitioner and his mother was Rakyisa Tsunma. Many marvelous signs occurred during his birth. He started his formal education under his father at the age of four and later under his uncle, the great abbot, Radreng Gom-chen, the reverend Khorwa Lung-khyer and others. He was initially named Tsunpa Kyab and later as Dorje Pal.

When he was eight, he had a vision of Yamantaka while meditating at Tsib Lungmoche. He saw the nature of Samsara and Nirvana as insubstantial like a reflection in a mirror. He received and mastered various teachings on Luminosity, Mahamudra, Kadampa tradition, Guhya-samaja etc and became a renowned yogi in Kham.

Just hearing the name Phagmodrupa from Gonda Pandita, great devotion aroused in Jigten Sumgön, thus he went to Central Tibet to seek Phagmodrupa's teachings. Travelling day and night, he reached Phagdrü Monastery. Phagmodrupa received him by saying, "Now all my disciples are present". He was then given Upasaka and Bodhichitta vow and was named Ratna Shri. He attended Phagmodrupa for two and half years and soon became his heart son and successor after he passed away.

Receiving Four Yogas of Mahamudra from Dakpo Gomtsul, he spent seven years at Echung Cave where he attained enlightenment. With the realization of unity of discipline and Mahamudra, he took the vow of a fully ordained monk. He then took over the abbot seat of Phagdrü Monastery, but later on left to benefit more beings.

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