May all be auspicious!

Venerable Khenpo Tenzin Offers

Mandala Offering Ngondro Retreat Every Sat. Oct. 2 – Nov. 6, kl. 15 - 17 CEST

Mandala Offering Practice reduces and eventually eliminates self-grasping. Venerable Khenpo Tenzin will guide participants in zoom classes with instruction and commentary on the third ngondro retreat of Mandala Offerings which is essential for purifying and accumulating merit. Registration is required and participants must commit to doing the entire retreat and attend a zoom class once a week for instruction and discussion. This retreat will be restricted for the participants and will not be accessible on our YouTube channel for the public. Orientation materials will be emailed out before the retreat begins which will include the materials you need.

Click <u>Here</u> to Register. The Mandala Retreat registration closes on October 1, 2021. Email any questions you have to registration@garchen.net

Khenpo Tenzin recognizes that each person's conditions will vary and some may work full time, part time, or be retired. You will be required to do a minimum of one session of practice everyday for the Mandala Offering ngondro retreat and ideally you would do the traditional four sessions a day.

Donation <u>Click here</u>. The suggested donation of \$300 for one ngondro retreat will help cover the offerings and costs to provide this programing. However, any size are gratefully accepted.

Organized by Garchen Buddhist Institute, Arizona

Meditation Series on the 37 Bodhisattva Practices Mon. 11/10, kl. 00 - 01 CEST

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

Serkhangma (Golden Temple) Prayer CommentaryOct. 12, 14, 19, 21, 26, 28 Tue. (kl. 19-21 CEST). and Fri. (kl. 00 - 02 CEST)

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper meaning of this profound prayer.

Texts: <u>here</u>. Commentary by H.H. Drikung Kyabgon: <u>here</u>. Recitation by H.E. Garchen Rinpoche: here.

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

Dorje Lopön Dr. Hun Lye teaches

Bodhicitta according to Shantideva's Engaging in the Conduct of Bodhisattvas

Every Sat. and Tue. 9/10 and 12/10 kl. 15 - 17 CEST

Zoom Link: here. Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation here

Instructions and Practice – Five Royal Sutras as Instructed by Guru Rinpoche to the King

Mon. 11/10 kl. 15 CEST

This book can be freely downloaded here

Zoom Link: here. Meeting ID: 937 370 089 Password: 5Sutras

Make a donation <u>here</u>

A sutra on Shravasti Meditation called "Mindfulness of Breathing"

Thur. Oct. 14, 21, 28 kl. 22:30 - 00 CEST Nov. 4, 11 kl. 22:30 - 00 CET

Dr. Lye will teach the Mindfulness of Breathing Sutra in the context of H.H. Drikung Kyabgön Chetsang Rinpche's "Shravasti Meditation". His Holiness's integrated approach to meditation uses this fundamental sutra as its main source while illumination and supplementing it with teaching and techniques from the Mahamudra, Dzogchen, and Zen traditions. This program combines practical application with theoretical understanding.

Zoom id: 5391291909 Passward: 123456

Make a donation <u>here</u>

Organized by <u>Urban Dharma Buddhist community</u>, <u>North</u> Carolina

Khenpo Samdup Rinpoche leads

Bardo Teaching

Sat. 9/10 kl. 17 – 19 CEST

Khenpo Samdup Rinpoche will give teachings on the 6 Bardos so we have a deeper understanding of the "White Sur Offering called Pervading all Pure Lands. "White Sur offering is of great benefit to those who have died to help them purify their Karma and achieve a better rebirth.

A White Sur Offering called Pervading All Purelands

Mon. 11/10 kl. 01:30 CEST

This practice can be dedicated for the benefit of people or animals who have died to help them purify karma and take a better rebirth. The White Sur consists of a smoke offering of flour, sweets, dairy products or a special blend of offering substances. The time of death can be an opportunity for the realization of great wisdom or taking a better rebirth.

Download text here

Zoom-link: here Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: here

Drubpon Rinchen Dorjee Rinpoche bestows

Medicine Buddha Practice, Sun. 10/10, kl. 17 CEST

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Download Text: Click here

Zoom-link: Click here

Donate to Chicago Ratna Shri Sangha.

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Drubpon Tsering Rinpoche leads

Shamata and Avalokiteshvara Practice Fri. 15/10 kl. 18 CEST

Avalokiteshvara Practice Sat. 16/9, kl. 9 CEST

White Tara Longevity Practice Sun. 17/9 kl. 10:00 CEST

All puja texts can be downloaded here

Zoom-link: https://zoom.us/ Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

Organized by **Drikung Garchen Institute**, **Germany**

H.E. Garchen Rinpoche bestows

Teaching: Experiences with my Gurus

According to his wish, H.E. Garchen Rinpoche will teach about the connection between the guru and the disciple in Vajrayana, based on his experience with his own gurus.

Sat. 23/10 More information here
Zoom-meeting organized by Drikung Garchen Institute, Germany

Sat. 30/10 More information here
Zoom-meeting organized by Ratnashri Meditation Center, Sweden

Livestream YouTube: Click here

Organized by Garchen Buddhist Institute, Arizona

Medicine Buddha Puja

In honor of His Holiness Drikung Kyabgon Choki Nangwa 80th Birthday & help to end the pandemic

Wed. 27/10 kl. 20:00 – 21 CEST

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

His Holiness the 14th Dalai Lama bestows:

Teaching: Tsongkhapa's In Praise to Dependent Origination

Sun. 10/10, kl. 05:30 – 07:00 CEST

This program is organized by a group of Taiwanese.

Remarks on Compassion and Q & A Tue. 26/10, kl. 05:30 – 06:30 CEST

Teaching: Maitreya's The Ornament of the Sutras Thur. – Fri. 4 - 5/11, kl. 04:30 - 05:30 CET

Talk: Cultivating a Good Heart Wed. 10/11, kl. 04:30 – 05:30 CET

Dialogue with Father Laurence Freeman and Q & A Wed. 1/12, kl. 04:30 – 05:30 CET

Dialogue and Question & Answer Wed. 8/12, kl. 04:30 – 05:30 CET

This program is organized by the Mind & Life Institute.

Livestream page for all events above: https://www.dalailama.com/live

Celebrating Lhabab Duchen (Lord Buddha's descent from the Trāyastriṃśa Heaven) & H.H. Drikung KyabgonChokyi Nangwa's 80th Birthday

Teahing by H.H. Drikung Thinley Lhundrub

Wed. 27/10 kl. 15 CEST

Zoom-link: here Zoom-ID: 837 0087 3979 PASSWORD: 123456

Hosted by The International Drikung Kagyu Council

Phagmodrupa Mahaparinirvana Commemoration Puja led by H.H. Drikung Thinley Lhundrub

Sun. 31/10 kl. 12:30 - 14:30 CEST.

Zoom-id: 8820902510 Password: 117423

Hosted by The International Drikung Kagyu Council

Khenchen Nyima Gyaltsen Rinpoche celebrates Phagmodrupa Mahaparinirvana Commemoration by bestowing teaching on

The Four Dharmas of Gampopa

Sun. 31/10 kl. 13:30 – 16:30 CEST.

Zoom-ID: 86421615341 PASSWORD: 123456

Hosted by **BO DE TAM 4ALL**

H.E. Nubpa Rinpoche bestows Bodhicaryavatara by Shantideva

Aug. 9 onward, Mon. – Fri. kl. 13:30 – 14:30 CEST

Live broadcast In Tibetan and Chinese https://www.facebook.com/nubpa.rinpoche and https://www.youtube.com/桑吉佛網

English translation can be read in <u>Ratnashri Meditation Center</u>, <u>Sweden</u> Facebook.

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

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