May all be auspicious!

His Holiness Drikung Kyabgon Chetsang Rinpoche and Drubpon Samten Rinpoche bestow.

**Teachings, Dedication Blessings, and Chenrezig Puja** 

Sun. Dec. 5, kl. 18-20 CET.

Zoom-link: 935 8961 2000 Password 108108

Khenchen Nyima Gyaltsen Rinpoche bestows.

The King of Samadhis Sutra – that reveals the equality of the nature of all phenomena

Dec. 4, 5, 13, 14, 18, 19 Jan. 8, 9, 15, 16, 22, 23 kl. 14:30 – 16:30 CET.

Registration is required. Register to <a href="mailto:info@milareparetreat.de">info@milareparetreat.de</a> More information <a href="mailto:here">here</a>

Hosted by Milarepa Retreat Center in Germany

The Thirty-Five Words of Advice from the Heart by Rigdzin Chokyi Drakpa (1<sup>st</sup> Drikung Chungtsang)

Dec. 21, 22, 28 kl. 15 CET.

Zoom-id: 819 5401 9396

Hosted by Bo De Tam 4all

. .....

#### Dorje Lopön Dr. Hun Lye teaches

# **Bodhicitta according to Shantideva's** *Engaging in the Conduct of Bodhisattvas*

#### Every Sat. 27/11 and Tue. 30/11 kl. 14-16 CET

Zoom Link: <u>here</u>. Meeting ID: 852 9257 9977 Passcode: bodhicitta Make a donation <u>here</u>

# **Instructions and Practice – Five Royal Sutras as Instructed by Guru Rinpoche to the King**

#### Mon. 29/11 kl. 15 CET

This book can be freely downloaded <u>here</u> Zoom Link: <u>here</u>. Meeting ID: 937 370 089 Password: 5Sutras Make a donation <u>here</u> Programs above are organized by <u>Urban Dharma Buddhist community,</u> <u>North Carolina</u>

# **Drubpon Tsering Rinpoche leads**

#### White Tara Longevity Practice Sun. 28/11 kl. 10:00 CET

# Yamantaka Practice Wed. 1/12 kl. 19 CET

All puja texts can be downloaded here

Zoom-link: https://zoom.us/ Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

#### Guru Yoga in Modern Times – Thoughts based on a text by First Drikung Chungtsang Fri. – Sat. 3-4/12

Register <u>here</u>

Organized by Drikung Garchen Institute, Germany

#### **H.E. Garchen Rinpoche leads**

White Tara Practice for the Living Sun. 28/11, kl.19-21 CET

Texts can be found <u>here</u>.

Livestream YouTube: <u>Click here</u>Donation <u>Click here</u> Organized by <u>Garchen Buddhist Institute, Arizona</u>

# Venerable Khenpo Tenzin Offers

# Meditation Series on the 37 Bodhisattva Practices Mon. 29/11, kl. 00 - 01 CET

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

# Serkhangma (Golden Temple) Prayer Commentary Tue. Nov. 30 (kl. 19-21 CET). and Fri. Dec. 03 (kl. 00 - 02 CET)

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper meaning of this profound prayer.

Texts: <u>here</u>. Commentary by H.H. Drikung Kyabgon: <u>here</u>. Recitation by H.E. Garchen Rinpoche: <u>here</u>.

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

#### **Fourteen Root Downfalls** Wed. Dec. 1, kl. 15 CET

Zoom-link 819 5401 9396 Organized by Bo De Tam 4all

# **Guru Yoga Ngöndro Retreat Teaching** Dec. 4, 11, 18 kl. 15 - 17 CET

Must register <u>here</u> to get the Zoom-link.

Venerable Khenpo Tenzin will guide participants in zoom classes with instruction and commentary on the last ngondro practice of Guru Yoga which is essential for purifying and accumulating merit. Merging your mind with the wisdom mind of the Guru is a fundamental part of the practice. Registration is required and participants must commit to doing the entire retreat and attend a Zoom class once a week for instruction. This retreat will be restricted for the participants and will not be accessible on our YouTube channel for the public.

## His Holiness the 14<sup>th</sup> Dalai Lama bestows:

**Dialogue with Father Laurence Freeman and Q & A** Wed. 1/12, kl. 04:30 – 05:30 CET

Dialogue and Q&A organized by the Mind & Life Institute Wed. 8/12, kl. 04:30 – 05:30 CET

## **Teaching: Maha Satipatthana Sutta** Fri.-Sat. 17-18/12, kl. 03:30 – 04:30 CET

Talk: Facing Challenges with Compassion & Wisdom Thur. 23/12, kl. 04:30 – 05:30 CET

## Teaching: Tsongkhapa's Three Principal Paths and Stages of the Path to Enlightenment (short version) Wed. 29/12, kl. 04:30 – 05:30 CET

# **Talk: Finding Happiness in Troubled Times** Tue. 25/1, kl. 04:30 – 05:30 CET

Livestream page for all events above is <a href="https://www.dalailama.com/live">https://www.dalailama.com/live</a>

#### The Treasury of All Blessings - Practices of Purifying Obscurations and Revealing the Innate Nature composed by Ven.Khenchen Konchog Gyaltshen Rinpoche

Khenchen Rinpoche asked us to practice so when he returns we will be ready for the next teachings. He recommends that everyone should have this practice booklet: This booklet was donated to Vajra Publications by an anonymous sangha member and is being offered as a gift to anyone who would like a copy.

Download <u>here</u> Hard Copy from Drikung Aachen Online-shop (need to pay for postage) <u>here</u>

Khenchen Konchog Gyaltshen Rinpoche, April 2021:

I have travelled to many places and countries throughout the world, sharing the Dharma for study and practice. During my travels, I have met many people and as we became good friends, they expressed their interest and appreciation for the Buddha Dharma, the Buddha's wisdom. However, when it comes to practice, in this modern busy life people find it particularly difficult to make time for sitting down on their cushion. Thus, as a suggestion I have compiled some very concise guru yoga practices for Vajrayana practitioners based on the writings of the great masters of the past. Nevertheless, those who have time should not only recite and meditate using these but also perform the longer practices.

This small booklet contains guru yogas on

1. Vajradhara,

2. Marpa Chökyi Lodrö, the great translator,

- 3. Milarepa Dorje Gyaltsen,
- 4. Gampopa Sonam Rinchen Dzamling Dragpa,
- 5. Phagmodrupa Dorje Gyalpo, and
- 6. Kyobpa Jigten Sumgön Ratnashri.

All these masters are fully enlightened and the origins of our great lineage. The practices are very profound and vast in their meaning. They are designed for generating bodhichitta, for purification and transformation, and for practicing mahamudra. Please perform them joyfully with appreciation and dedication! No doubt the benefit will avalanche.

\_\_\_\_\_

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden Friggavägen 11 181 32 Lidingö Sweden

Web: <u>http://www.ratnashri.se</u> Email: <u>info@ratnashri.se</u> Facebook: <u>fb.me/ratnashri.sweden</u> YouTube Channel: Ratnashri Sweden Phone: +46 (0) 8 765 5878 PG-konto: 128 78 06-2 Paypal: <u>paypal@ratnashri.se</u> or <u>paypal.me/ratnashri</u>