May all be auspicious!

Khenpo Rangdol bestows

Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön

Every Friday from Dec. 10, kl. 13:30 CET.

Zoom id: 848 2294 5265 Passcode 555888

Text: <u>here</u>

Gongchig by Lord Jigten Sumgön conveys clearly the essence of the Buddha's teachings. It delineates the causal law of the universe, Nagarjuna's philosophy of interdependence, and opens one's mind to principles of ethics that help to guard oneself against confusion and deceit. Thus the Gongchig is a guide for every Dharma practioner - for both study and application in daily life.

Organized by Drikung Dharma Chakra Centre in Singapore

Vajrasattva Retreat with His Eminence Tritsab Gyabra Rinpoche

Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön

Sat.-Sun. Dec. 11-12.

Zoom ID: 848 8480 8898 Passcode: 123456 Text: <u>here</u> Sat. Dec.11 kl. 2:30 – 15:00 CET kl. 2:30-4:30 Vajrasattva Empowerment and reading-transmission (lung). kl. 6:00-8:00 Mantra-recitation
kl.9:30 - 11:30 Mantra-recitation & Torma-offering
kl.13:00-15:00 Self & Front Generations & Mantra-recitation

Sat. Dec.12 kl. 2:30 – 15:00 CET kl. 2:30-4:30 Self & Front Generations & Mantra-recitation kl. 6:00-8:00 Mantra-recitation kl.9:30 - 11:30 Mantra-recitation & Torma-offering kl.13:00-15:00 Tsok-Offering & Dedication.

Organized by Drikung Dharma Chakra Centre in Singapore

Drubpon Kunsang bestows

Teachings on the Vajra Songs of Milarepa

Sat. Dec. 11, kl. 10 - 18 CET.

Registration to <u>info@milareparetreat.de</u> is required to get the Zoom-link.

Organized by Milarepa Retreat Center in Germany

Khenchen Nyima Gyaltsen Rinpoche bestows.

The King of Samadhis Sutra – that reveals the equality of the nature of all phenomena

Dec. 13, 14, 18, 19 Jan. 8, 9, 15, 16, 22, 23 kl. 14:30 – 16:30 CET.

Registration is required. Register to info@milareparetreat.de More information here

Hosted by Milarepa Retreat Center in Germany

The Thirty-Five Words of Advice from the Heart by Rigdzin Chokyi Drakpa (1st Drikung Chungtsang)

Dec. 21, 22, 28 kl. 15 CET.

Text: <u>here</u> Zoom-id: 819 5401 9396

Hosted by Bo De Tam 4all

Dorje Lopön Dr. Hun Lye teaches

Bodhicitta according to Shantideva's *Engaging in the Conduct of Bodhisattvas*

21/12 and 1/1 kl. 14-16 CET

Zoom Link: <u>here</u>. Meeting ID: 852 9257 9977 Passcode: bodhicitta Make a donation <u>here</u>

Instructions and Practice – Five Royal Sutras as Instructed by Guru Rinpoche to the King

Mon. 13/12 kl. 15 CET

This book can be freely downloaded <u>here</u> Zoom Link: <u>here</u>. Meeting ID: 937 370 089 Password: 5Sutras Make a donation <u>here</u> Programs above are organized by <u>Urban Dharma Buddhist community,</u> <u>North Carolina</u>

H.E. Garchen Rinpoche offers

Garchen Rinpoche's Guru Stories

Sat. 11/12 19:30 - 21:00 CEST

Livestream YouTube: <u>Click here</u> Organized by <u>Garchen Buddhist Institute, Arizona</u>

White Tara Practice and Dharmapalas (Dharma Protectors) Sun. 12/12, kl.19-21 CET

Texts can be found <u>here</u>.

Livestream YouTube: <u>Click here</u>Donation <u>Click here</u> Organized by <u>Garchen Buddhist Institute, Arizona</u>

Drubpon Tsering Rinpoche leads

Shamata &Avalokiteshvara Practice Fri. 10/12 kl. 18 CET Avalokiteshvara Practice Sat. 11/12, kl. 9 CET White Tara Longevity Practice Sun. 12/12 kl. 10 CET Yamantaka Practice Wed. 15/12 kl. 19 CET

All puja texts can be downloaded here

Zoom-link: <u>https://zoom.us/</u> Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

Organized by Drikung Garchen Institute, Germany

Venerable Khenpo Tenzin Offers

Meditation Series on the 37 Bodhisattva Practices Mon. 13/12, kl. 00 - 01 CET

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

His Holiness the 14th Dalai Lama bestows:

Talk: World Peace Through Compassion Oral Transmission: Praise to the 17 Nalanda Masters Sat. 11/12, kl. 04:00 CET

Teaching: Maha Satipatthana Sutta Fri.-Sat. 17-18/12, kl. 03:30 – 04:30 CET

Talk: Facing Challenges with Compassion & Wisdom Thur. 23/12, kl. 04:30 – 05:30 CET

Teaching: Tsongkhapa's Three Principal Paths and Stages of

the Path to Enlightenment (short version) Wed. 29/12, kl. 04:30 – 05:30 CET

Talk: the Application of Religion and Science to Ecology & Sustainability Sat. 15/1, kl. 04:30 – 05:30 CET

Talk: Finding Happiness in Troubled Times Tue. 25/1, kl. 04:30 – 05:30 CET

Livestream page for all events above is https://www.dalailama.com/live

New Year Retreat with Ratnashri Meditation Center

Fri. - Sat. Dec. 31 - Jan. 1

Fri. Dec. 31 kl. 9 - 12 Vajrasattva Practice (with break) kl. 14 - 17 Chenrezig Practice (with break)

Sat. January 1 kl. 9 - 12 Amitabha Practice (with break) kl. 14 - 17 Amitayus Practice (with break)

It is perfect opportunity to purify our negative karma before the new year and strengthened our bodhicitta for the new year.

Free for everyone to join. Register to info@ratnashri.se is required to get the Zoom-link.

Organized by Ratnashri Meditation Center, Sweden

The Treasury of All Blessings - Practices of Purifying Obscurations and Revealing the Innate Nature composed by Ven.Khenchen Konchog Gyaltshen Rinpoche

Khenchen Rinpoche asked us to practice so when he returns we will be ready for the next teachings. He recommends that everyone should have this practice booklet: This booklet was donated to Vajra Publications by an anonymous sangha member and is being offered as a gift to anyone who would like a copy.

Download <u>here</u>

Hard Copy from Drikung Aachen Online-shop (need to pay postage) <u>here</u> Hi,

Rinpoche taught and led the practice of two of the sadhanas. You can listen to those teaching and practice below.

- Guru Yoga Vajradhara April 17, 2021 YouTube
- <u>Guru Yoga on Vajradhara by Khenchen Konchog Gyaltshen Rinpoche, 2015-</u> <u>YouTube</u>
- <u>Commentary on the Practice A Guru Yoga that Brings the Dharmakaya Onto</u> <u>the Path - Part 1 - YouTube</u>
- <u>Commentary on the Practice A Guru Yoga that Brings the Dharmakaya Onto</u> <u>the Path - Part 2 - YouTube</u>

Khenchen Konchog Gyaltshen Rinpoche, April 2021:

I have travelled to many places and countries throughout the world, sharing the Dharma for study and practice. During my travels, I have met many people and as we became good friends, they expressed their interest and appreciation for the Buddha Dharma, the Buddha's wisdom. However, when it comes to practice, in this modern busy life people find it particularly difficult to make time for sitting down on their cushion. Thus, as a suggestion I have compiled some very concise guru yoga practices for Vajrayana practitioners based on the writings of the great masters of the past. Nevertheless, those who have time should not only recite and meditate using these but also perform the longer practices.

This small booklet contains guru yogas on

- 1. Vajradhara,
- 2. Marpa Chökyi Lodrö, the great translator,

- 3. Milarepa Dorje Gyaltsen,
- 4. Gampopa Sonam Rinchen Dzamling Dragpa,
- 5. Phagmodrupa Dorje Gyalpo, and
- 6. Kyobpa Jigten Sumgön Ratnashri.

All these masters are fully enlightened and the origins of our great lineage. The practices are very profound and vast in their meaning. They are designed for generating bodhichitta, for purification and transformation, and for practicing mahamudra. Please perform them joyfully with appreciation and dedication! No doubt the benefit will avalanche.

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden Friggavägen 11 181 32 Lidingö Sweden

Web: <u>http://www.ratnashri.se</u> Email: <u>info@ratnashri.se</u> Facebook: <u>fb.me/ratnashri.sweden</u> YouTube Channel: Ratnashri Sweden Phone: +46 (0) 8 765 5878 PG-konto: 128 78 06-2 Paypal: <u>paypal@ratnashri.se</u> or <u>paypal.me/ratnashri</u>