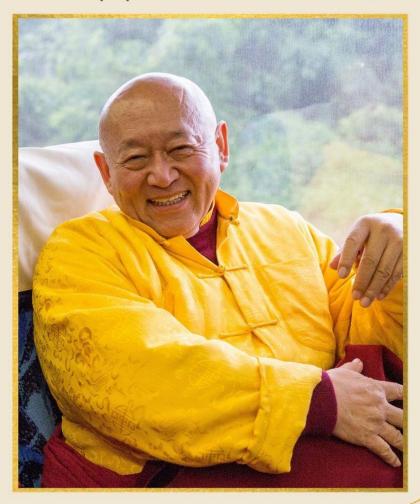
# May all be auspicious!

# Happy Holiday



"The mother has pure loving-kindness toward the child. This is the love we should cultivate and cultivate in our hearts towards all."

~H.H. Drikung Kyabgon Thinley Lhundup



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# H.E. Garchen Rinpoche offers

#### **Annual Winter Event**

Text for the entire retreat: here

Dec. 29 kl. 18 – 21 and 23 - 02

# Vajrasattva Practice with Garchen Institute Lamas

Let us all engage in the powerful practices of Vajrasattva and Namgyalma with great intent, diligence and devotion for his long life.

Dec. 30 - 31 kl. 18 - 21 and 23 - 02

**Namgyalma Practice with Garchen Institute Lamas** 

#### Jan. 1

kl. 17:30 – 19:00 **Prayers** 

# kl. 19 – 21 Long Life Ceremony for H.E. Garchen Rinpoche

On New Year's Day we will offer a Long Life Ceremony with heartfelt prayers for his long life, for his life-force to remain stable, and for his enlightened activities to unceasingly benefit all beings. This ceremony is also an occasion for us to express our devotion toward the guru, who keeps the Buddha's teachings alive and spreads them tirelessly.

Garchen Rinpoche has said that a long-life ceremony is rooted in a strong samaya between the teacher and his disciples, and that our prayers would bring fruition as a result of our merit.

Let the worldwide sangha join together, with heartfelt prayers and devotion, to pray for H.E. Garchen Rinpoche's long life and receive his vast wisdom blessing of Love.

# White Tara Practice and Dharmapalas (Dharma Protectors)

Sun. 2/1, kl.19-21 CET

Texts for White Tara practice an be found <a href="here">here</a>.

Livestream YouTube: <u>Click here</u>Donation <u>Click</u> <u>here</u>Organized by <u>Garchen Buddhist Institute</u>, Arizona

### Jan. 6 - 9 kl. 18 - 21

# Fivefold Path of Mahamudra Supplication Prayer Teachings

Our most kind and glorious guru Garchen Rinpoche has chosen to teach on the Fivefold Path of Mahamudra Supplication Prayer for the first time! This is a rare opportunity to receive the transmission of the true heart essence of the fivefold gradual path of mahamudra of definitive meaning.

Livestream YouTube: Click here

Text: <u>Click here</u> Donation <u>Click here</u>

Organized by Garchen Buddhist Institute, Arizona

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# **Venerable Khenpo Tenzin Offers**

Meditation Series on the 37 Bodhisattva Practices Mon. 2/1, kl. 00 - 01 CET

Livestream YouTube: Click here

Donation Click here

Organized by Garchen Buddhist Institute, Arizona

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# **Drubpon Tsering Rinpoche leads**

### Medicine Buddha Practices Wed. 29/12 – Fri. 31/12

Registrater to the event **here** 

Organized by **Drikung Garchen Institute**, **Germany** 

# Avalokiteshvara Practice Sat. 1/1, kl. 9 CEST

White Tara Longevity Practice Sun. 2/1 kl. 10:00 CET

# Yamantaka or Medicine Buddha Puja Wed. 5/1 kl. 19 CET Shamata & Avalokiteshvara Practice Fri. 7/1 kl. 18 CET

All puja texts can be downloaded here

Zoom-link: <a href="https://zoom.us/">https://zoom.us/</a> Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

Vhorma Danadal hagtarra

# Khenpo Rangdol bestows

Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön

Every Friday Dec. 31, kl. 13:30 CET.

Zoom id: 848 2294 5265 Passcode 555888

Text: <u>here</u>

Gongchig by Lord Jigten Sumgön conveys clearly the essence of the Buddha's teachings. It delineates the causal law of the universe, Nagarjuna's philosophy of interdependence, and opens one's mind to principles of ethics that help to guard oneself against confusion and deceit. Thus the Gongchig is a guide for every Dharma practioner - for both study and application in daily life.

Organized by <u>Drikung Dharma Chakra Centre in Singapore</u>

# Khenpo Samdup Rinpoche leads

# **Deepen Your Daily Practice** Sat. – Sun. 1/1 - 2/1 kl. 17 – 19 CEST

This weekend, Khenpo Samdup Rinpoche will offer reading transmissions, teachings, and instructions from our Daily Prayers & Practice Text. This will include sadhanas such as Shakyamuni Buddha, Achi Chokyi Drolma with smoke offering, Mahakala and many other diety practices and supplications. Khenpo will allow time each day for questions.

Text: here

Zoom-link: <u>here</u>; Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: here

# Dorje Lopön Dr. Hun Lye teaches

# Bodhicitta according to Shantideva's Engaging in the Conduct of Bodhisattvas

### Sat.1/1 kl. 14-16 CET

Zoom Link: here. Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation here

Programs organized by Urban Dharma Buddhist community, North

Carolina

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# Khenchen Nyima Gyaltsen Rinpoche bestows.

The King of Samadhis Sutra – that reveals the equality of the nature of all phenomena

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Jan. 8, 9, 15, 16, 22, 23 kl. 14:30 – 16:30 CET.

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Registration is required. Register to <a href="mailto:info@milareparetreat.de">info@milareparetreat.de</a>
More information here

Hosted by Milarepa Retreat Center in Germany

# **Drubpon Kunsang leads New Year Program**

Achi and Mahakala Practice Sat. 8/1 kl. 15 CEST

Zoom Meeting ID: 872 4041 5475 Passcode: 141451

Organized by **Drubpon Kunsang** 

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# His Holiness the 14th Dalai Lama bestows:

Talk: the Application of Religion and Science to Ecology & Sustainability

Sat. 15/1, kl. 04:30 – 05:30 CET

**Talk: Finding Happiness in Troubled Times** 

Tue. 25/1, kl. 04:30 – 05:30 CET

Livestream page for all events above is <a href="https://www.dalailama.com/live">https://www.dalailama.com/live</a>

#### New Year Retreat with Ratnashri Meditation Center

Fri. – Sat. Dec. 31 – Jan. 1

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Fri. Dec. 31 Purification and Loving Kindness

kl. 9 - 12 Vajrasattva Practice (with break)

kl. 14 - 17 Chenrezig Practice (with break)

Sat. January 1 Boundless Light and Boundless Life

kl. 9 - 12 Amitabha Practice (with break)

kl. 14 - 17 Amitayus Practice (with break)

It is perfect opportunity to purify our negative karma before the new year and strengthened our bodhicitta for the new year.

Free for everyone to join. Register to info@ratnashri.se is required to get the Zoom-link.

Organized by Ratnashri Meditation Center, Sweden

#### **Future Online Retreats at Ratnashri Meditation Center**

Shravasti Meditation Retreat with Khenmo Drolma Feb. 25 – 27, 2022.

More information comes later.

Yamantaka Empowerment, Teaching, and Practice for Yamantaka Drubchen with Drubpon Tsering Rinpoche March  $18-20,\,2022.$ 

More information comes later.

# Teachings on Yamantaka Practice with Drubpon Tsering Rinpoche

# Tuesdays kl. 15 Jan. 4, 11, 25 and Feb. 8, 15

Registrater to the event **here** 

Join the class only if you received Empowerment directly from Drikung Kagyu Rinpoche, Drubpon and Lama.

If you are interested in joining the YAMANTAKA program with DRUPON TSERING RINPOCHE, please send an email to zoombodetam@gmail.com confirming that you have already received the Yamanataka empowerment, including the name of the Master from whom you received it, when and where, and we will send you the ZOOM ID with PASSWORD.

#### Organized by **Zoom Bo De Tam**

Stay healthy, happy, and enjoy your Dharma practice. OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden Friggavägen 11 181 32 Lidingö Sweden

Web: <a href="http://www.ratnashri.se">http://www.ratnashri.se</a></a><br/>Email: <a href="mailto:info@ratnashri.se">info@ratnashri.se</a></a>

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