

TARAB LING CAMPUS

General Information

Tarab Ling is established by late XI Tarab Rinpoche, Lharampa Geshe, to preserve and promote the “Buddhist Inner Science of Mind and Reality” particularly those which flourished in the 2nd to 7th centuries, from Nalanda University, North India. These eastern academic traditions were based on the view of “interrelated nature of existence”, *Pratītyasamutpāda (tendrel)*, and in Tarab Rinpoche’s presentation they become applicable, apart from spiritually, also for personal development, art-of-relating and psychotherapy.



Tarab Ling is located in a very peaceful and quiet place on the outskirts of Dehradun town with view to lower Himalayan hills and overlooking Baldi river valley. It has a good and elegant infrastructure, well equipped teaching halls, tastefully furnished guesthouses, kitchen and dining hall with wifi covered campus.

The Campus

The campus of Tarab Ling spreads over 3 acres of land with many fruit trees and flowering plants. The environment is serene and perfect for study, meditation and retreat.



View of the campus



Pavillion for early morning yogas



A view from teachers' house

Halls

Tarab Ling has three halls and a Library. One big and two small halls. The halls are designed to absorb echoes and are well equipped with sound and recording systems.



Main teaching hall and the interior



- Big hall (capacity) 200 people:
- Small halls (capacity) 35 people:

Accommodation

Rooms available: 21 rooms in 3 guesthouses and a teacher's house



Guesthouses

All rooms have on-suite bathroom with hot running water (solar water heaters) and 2 balconies (upstairs) or 2 direct garden-doors each (downstairs).

All rooms are exactly same but some have outer view while some have the campus view. Rooms will be allocated on first come first service.

Tariffs: (Prices are in Indian Ruppees per day)

- Single occupancy: 1500/- (1300/- for more than one week)
- Double occupancy: 2000/-

Food

We acquire basic food items like grains, pulses, potatoes and vegetables from the farmers directly - organic products when available. It eventually not only help farmers for their self sustainability but also provide more clean, hygeinic and healthy foods.

Meals

- Healthy/ nutritional/ vegetarian breakfast is complementary
- Healthy/ nutritional/ vegetarian lunch and dinner can be ordered



Kitchen & Dining hall

Transportation to and from JangChubLing Monastery

There will be a 15-minute-drive between Tarab Ling and the commemoration event at JangChubLing Monastery. Transportation will be arranged by Norbu-la and the cost will be shared among all the event participants who stay at Tarab Ling.