

May all be auspicious

H.E. Garchen Rinpoche leads and bestows

Tsewang Dzinpa Commentary (continuation) Sat. 20/2, kl. 17–20 CET

Text: [Picture](#), [Description](#), [Sadhana](#) (only those who have received empowerment) [Yellow Prayer Bk](#)

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

White Tara Practice and Burning Away Afflictions for Living Sun. 21/2 kl.18-20 CET

Texts can be found [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

Buddhist Path to Awakening by Ven. Khenpo Tenzin every Tue. and Thur. from 18/2-20/5

This concise and comprehensive overview of the Buddha's teachings is perfect for beginners or more experienced practitioners. Starting with an introduction to the Buddhist view and all the essential teachings of the path for transformation. An interactive format with discussion groups on zoom will give each you access to meaningful conversation fostering connection. It is an excellent opportunity to learn for the first time and to refine your understanding of Dharma.

The subjects include: Refuge, Ten Virtues, Ten Non Virtues, Preliminary Practices, Vows, View of Karma, Four Noble Truths, Four Thoughts, Sutra Paths and Bhumis, New Tantric Paths and Bhumis, Old Tantric Paths and Bhumis, Generation Stage, Completion Stage and the Fruition of Dharma Practice.

Tuesdays 18 - 20 CET Teachings

Thursdays 01:30 - 3:30 CET - Questions/ Discussion / Meditation

Dates:

February 23,25

March 2,4,9,11,16,18,23,25,30

April 1,6,8,13,15,20,22,27,29

May 4,6,11,13,18,20

(You will be notified of any date changes)

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

Teaching on Lord Jigten Sumgön's Practical Instructions to Mountain Retreatants called *Mountain Dharma* Sat.-Sun. 27-28/2, kl. 17-20 CET

More information [here](#). Register to receive Zoom-link info@milareparetreat.de until 25/2

Livestream YouTube: [Click here](#)

Donation [Click here](#). Hosted by [Milarepa Retreat Center in Germany](#)

Dream Bardo Teaching by Khenpo Samdup Rinpoche Sat. 6/3, kl. 17-19 CET

Shitro Empowerment Sat. 6/3, kl. 22 – 01 CET

Phowa Transmission and Phowa/Bardo Teaching Sun. 7/3, kl. 17 -20 CET

Phowa text [here](#)

Program information [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#). Hosted by [Gar Drolma](#)

Drubpon Tsering Rinpoche leads

Avalokiteshvara Practice Sat. 20/2, kl. 9 CET

Text: [Click here](#)

White Tara Longevity Practice for H.E. Garchen Rinpoche **Sun, 21/2, kl. 10:00 CET**

Text: [Click here](#) Picture [Click here](#) Prayer to 7 Taras [Click here](#)

Yamantaka Practice Wed. 24/2, kl. 19 CET

Text: [Click here](#); Empowerment: [Click here](#); Short Mantra: [Click here](#);
Picture: [Click here](#)

Shamata and Avalokiteshvara Practice Fri. 26/2, kl. 18 CET

Text: Sadhana [Click here](#) Ganges Mahamudra [Click here](#)

Zoom-link for events above: Meeting-ID: 737 3762 3305 / Password: Tara21?

[Donate](#) to the Garchen Dharma Institute in Munich

Teaching: 37 Practices of a Bodhisattva
part 3 Sat. 27/2, kl. 9- 12 CET [Click here for information](#)

Teaching: 37 Practices of a Bodhisattva
part 4 Sat. 6/3, kl. 9- 12 CET [Click here for information](#)

Drubpon Rinchen Dorjee Rinpoche leads

Medicine Buddha Practice – The Heart of Benefit and Well Being Sun. 21/2, kl. 17 CET

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Download Text: [Click here](#)

Zoom-link: [Click here](#)

[Donate](#) to Chicago Ratna Shri Sangha.

Njungne Retreat Fri. 26/2 kl. 1:30 CET – Mon.1/3 afternoon CET

Njungne is the powerful purification practice of 1000 Arm Chenrezig, supported by the temporarily observing the eight Sodjong Vows. It will include the reading transmission empowerment for those who need it. More information about the retreat. [Click here.](#)

[Donate](#) to Chicago Ratna Shri Sangha.

Most Ven. Khenchen Konchog Gyaltshen Rinpoche teaches *Shantideva's Bodhisattva's Way of Life: Chapter 8* *Meditation*

Wednesday from 24/2, 3/3, 10/3, 17/3; kl. 16 – 19 CET

Zoom Link [here](#) ID: 828 2028 0511 Passcode: 453003

Please make a donation [here](#).

The program is organized by [Buddhismus in Berlin e.V.](#), [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

A Guru Yoga That Brings the Dharmakaya Onto the Path by *Ven. Khenchen Rinpoche*

Saturdays 27/2; kl. 16 – 19 CET

Text: [Click here](#)

Zoom Link [here](#) ID: 872 0817 0241 Passcode: 072490

Please make a donation [here](#).

The program is organized by [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

Proscription and Prescription, a Vajra Song by Ven.

Khenchen Rinpoche

Saturdays 6/3; kl. 16 – 19 CET

Text: [Click here](#)

Zoom Link [here](#) ID: 882 4150 8028 Passcode: 108

Please make a donation [here](#).

The program is organized by [Drikung Meditation Center Boston](#),
[Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

His Holiness the 14th Dalai Lama offers us:

Short Teaching will be given on the Day of Offering (chotrul duechen)

Sat. 27/2, kl. 04:30 – 05:30 CET

An inaugural Address for an International Buddhist Conference on The Three Trainings

Fri. 5/3, kl. 05:00 – 06:30 CET

Teaching: Buddhism and Science

Thur. - Sat. 11-13/3, kl. 04:30 – 06:00 CET

Teaching: *The Four Noble Truths* and *The Two Truths*

Wed. 7/4, kl. 04:30 – 06:00 CET

Livestream page: <https://www.dalailama.com/live>

Venerable Khenpo Tamphel teaches online

Arya Nagarjuna's *Bodhicittavivarana* (Exposition of the Awakening Mind)

Sat. March 20, kl. 10-13 CET

Program information: [click here.](#)

Organized by [Ratnashri Meditation Center, Sweden](#)

**His Eminence Nubpa Rinpoche bestows commentary on
Khunu Rinpoche's *Jewel Lamp: A Praise of Bodhicitta*
(one verse each day)**

Download commentary : <https://ratnashri.se/Verses.pdf>

Stay healthy, happy, and enjoy your Dharma practice.
OM MANI PADME HUNG.

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