

May all be auspicious!

H.E. Garchen Rinpoche leads and bestows

Annual Guru Rinpoche Retreat, Fri.-Sat. 26 - 27/3

Guru Rinpoche ('Precious Master') established the Buddhadharma in Tibet. His name, Padmasambhava, means "Lotus-born" and refers both to his pure birth from a lotus, and to his completely awakened state -- he incarnated as a fully enlightened being.

The profound practice of Guru Rinpoche can transform and purify afflictive emotions - such as anger, jealousy and attachment - into wisdom and compassion, thus creating great merit while removing outer, inner and secret obstacles.

The ultimate result will be the two-fold attainment of ordinary and supreme siddhis. Ordinary siddhis include long life, good health, peace and happiness, as well as the ability to fulfill all of your bodhichitta aspirations. The supreme siddhi is enlightenment.

Take empowerment given by H.E. Garchen Rinpoche [Click here](#)
Everyone must have received this empowerment BEFORE this retreat.

Schedule for practice and mantra accumulation 26/3 kl. 17 – 20 and 22 – 01 CEST 27/3 kl. 18 – 21 and 23 – 02 CEST

Sadhana [Click here](#)

YouTube link [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

Guru Yoga Practice & Seven Branches Prayer called “The Golden Temple” (Serkhangma), Sun. 28/3 kl. 18 CEST

Important Message from H.E. Garchen Rinpoche:

"The Seven Branches of Mantrayana called "The Golden Temple" (Serkhangma) is a very special prayer in the Drikung Kagyu lineage. When I was very young, in Tibet, past masters from Kham, such as Adeu Rinpoche and Chime Dorje, have said that only the Drikung Kagyu Lineage has the seven branches according to the secret tantric vehicle.

Other lineages don't have a tantric seven-branch prayer.

I do not have much learning, but I always wanted to teach this prayer because it's so special to the Drikung Kagyu Lineage. When I came to America, I requested His Holiness Chetsang Rinpoche to give commentary on this prayer, and he kindly granted my request. Consequently, HH Chetsang Rinpoche gave a comprehensive commentary, but it wasn't archived, and the information could not be distributed widely; it was before the internet. I have wanted to teach on this prayer for a long time.

I'm very happy that I can finally introduce this prayer more thoroughly to the Sangha this summer. Now Khenpo Tenzin is at the Garchen Institute, and he will also teach on this prayer per my request.

In the future, for any disciple that wants to practice Lama Chopa, it MUST always be done with the "Golden Temple Prayer."

This is an essential prayer all of my disciples need to understand!"

Guru Yoga Text [Click here](#) Serkhangma Text [Click here](#)

YouTube link to all programs above: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

White Tara Empowerment, Sat. 3/4 kl. 23 CEST

More Information Coming Soon

YouTube link to all programs above: [Click here](#)

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White Tara Longevity Practice for all spiritual masters

Sat., 27/3 kl. 13 – 14 CET

Text: [here](#); Picture: [here](#); Seven Taras Prayer: [here](#) World Peace Prayer; [here](#)

Skype-link: [Click here](#)

Organized by [Ratnashri Meditation Center, Sweden](#)

Drubpon Tsering Rinpoche leads

37 Practices of a Bodhisattva Part6 Sat. 27/3, kl. 9 – 12 CET

More info [here](#)

**White Tara Longevity Practice for H.E. Garchen Rinpoche
Sun, 28/3 kl. 10:00 CEST**

Text: [Click here](#) Picture [Click here](#) Prayer to 7 Taras [Click here](#)

Yamantaka Practice Wed. 31/3 kl. 19 CEST

Text: [Click here](#); Picture: [Click here](#)

Zoom-link for events above: <https://zoom.us/> Meeting-ID: 737 3762 3305
/ Password: Tara21?

[Donate](#) to the Garchen Dharma Institute in Munich

White Tara Retreat Fri. - Tue. 2 - 6/4

More info [here](#)

Teachings on Seven Protectress Sat. 10/4

More info [here](#)

Medizinbuddha Retreat Sat. - Sun. 17-18/4

More info [here](#)

Manjushri Retreat Wed. - Sun. 2-6/6

More info [here](#)

**Most Ven. Khenchen Konchog Gyaltshen Rinpoche teaches
Ven. Khenchen Rinpoche's *Samsara & Nirvana Two Sides of***

the Same Hand (bodhicitta section)

Saturdays 27/3 kl. 14 – 16 CET; 3/4 kl. 15 – 17 CEST

Download Text: [Click here](#)

Zoom Link [here](#) ID: 896 6830 9102 Password: 123154

Please make a donation [here](#).

The program is organized by [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

Shantideva's Bodhisattva's Way of Life: Chapter 8 Meditation

Wednesdays, 31/3, 7/4, kl. 16 – 19 CEST

Zoom Link [here](#) ID: 828 2028 0511 Passcode: 453003

Please make a donation [here](#).

The program is organized by [Buddhismus in Berlin e.V.](#), [Milarepa Buddhist Center of Iowa](#) and [Drikung Dharma Circle of Wisconsin](#)

Drubpon Rinchen Dorjee Rinpoche leads

The Four Dharmas of Gampopa, Sat. 27/3 kl. 16 CET

Download Text: [Click here](#)

Zoom-link: [Click here](#)

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Medicine Buddha Practice, Sun. 28/3 kl. 17 CEST

Download Text: [Click here](#)

Zoom-link: [Click here](#)

[Donate](#) to Chicago Ratna Shri Sangha.

Tsewang Dzinpa (The Guru Who Holds Power Over Life)

Practice Retreat Sat.-Sun. 3-4/4 kl.16-19 & 21-01 CEST

Guru Tsewang Dzinpa from the Yangzab treasure teachings of Gyalwang Rinchen Puntsok is a wrathful long life emanation of Guru Rinpoche. The beloved teacher and master, Lamchen Gyalpo Rinpoche gave the empowerment of Tsewang Dzinpa at Ratnashri Meditation Center in Sweden in 2015. This retreat lead by Drupon Ratna Vajra honors Rinpoche's request that we take up this profound and powerful practice.

There will not be empowerment available, this is an online practice retreat only. Garchen Rinpoche gave this empowerment recently in January, 2021 along with extensive teachings. Watch the first 17 videos in this playlist [here](#)

A brief explanation of the practice from Garchen Rinpoche: [Click here](#)

Sadhana: [Click here](#); Image: [Click here](#)

Zoom-link: [Click here](#)

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Venerable Khenpo Tenzin leads and bestows

Buddhist Path to Awakening every Tue. and Thur. from 18/2-20/5

Tuesdays 19 - 21 CEST Teachings

Thursdays alternate between 19 – 21 CEST (April 8) and 02:30 - 4:30 CEST (April 1)- Questions/ Discussion / Meditation

Zoom-link for Thursdays: <https://zoom.us/> ZOOM ID: 218 378 3697
Password: 37PATH108

Dates:

March 30

April 1,6,8,13,15,20,22,27,29

May 4,6,11,13,18,20

(You will be notified of any date changes)

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

His Holiness the 14th Dalai Lama offers us:

Talk: *Our World in the Time of Change*

Mon. 29/3 kl. 05:30 – 06:30 CEST

Talk: *Moral and Ethics – today and tomorrow*

Mon. 2/4 kl. 05:30 – 06:30 CEST

Teaching: *The Four Noble Truths and The Two Truths*

Wed. 7/4 kl. 05:30 – 07:00 CEST

Teaching: *Heart Sutra*

Sat. 1/5 kl. 05:30 – 07:00 CEST

Livestream page: <https://www.dalailama.com/live>

**His Eminence Nubpa Rinpoche bestows commentary on
Khunu Rinpoche's *Jewel Lamp: A Praise of Bodhicitta*
(one verse each day)**

Download commentary : <https://ratnashri.se/Verses.pdf>

The latest update on all online programs can be found at
www.ratnashri.se under News

Stay healthy, happy, and enjoy your Dharma practice.
OM MANI PADME HUNG.

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