

**May all be auspicious!**

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**Ratnashri Meditation Center welcomes you to a series of three online Silent Shravasti Meditation retreats with Ven. Khenmo Drolma**

**Oct. 15 – 17, Nov. 12 – 14 and Dec. 3 – 5, 2021 (Friday thru Sunday)**

Buddha said, “When the mind is realized, that itself is wisdom. Thus, do not search Buddha elsewhere.”

His Holiness Drikung Kyabgon Chetsang Rinpoche has introduced this meditation as an easy but comprehensive mind training approach following the *Sutra of Mindfulness of Breathing* taught by the Buddha in Shravasti while illuminating and supplementing it with teachings and techniques from Vipassana, Zen, and Mahamudra & Dzogchen traditions. This healthy, well-balanced mind training method is suitable for everybody in this modern day life.

The purpose of these retreats is to deepen our understanding of our own mind in order to expand our innate loving kindness, compassion, and bodhicitta through study, contemplation, and meditation. These silent retreats create conducive conditions for wisdom to arise.

All are welcome to join. Read the detailed program and an extensive teaching on Shravasti meditation expounded by HH Drikung Kyabgön Chetsang Rinpoche here ([https://ratnashri.se/ShravastiMeditation\\_Fall2021.pdf](https://ratnashri.se/ShravastiMeditation_Fall2021.pdf))

Organized by Ratnashri Meditation Center

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**Drubpon Tsering Rinpoche leads**

**Teachings on the Bardo Prayer Sat. 25/9, kl. 10 – 12, 14 - 16 CEST**

This program requires registration. Information and registration: Click here

## **White Tara Longevity Practice Sun. 19/9 kl. 10:00 CEST**

Text: [Click here](#) Picture [Click here](#) Prayer to 7 Taras [Click here](#)

## **Yamantaka Practice Wed. 22/9 kl. 19 CEST**

Text: [Click here](#); Picture: [Click here](#)

## **Shamata and Avalokiteshvara Practice Fri. 24/9 kl. 18 CEST**

Text: Sadhana [Click here](#) Ganges Mahamudra [Click here](#)

Zoom-link: <https://zoom.us/> Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich

Organized by Drikung Garchen Institute, Germany

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## **Dorje Lopön Dr. Hun Lye teaches**

**Bodhicitta according to Shantideva's *Engaging in the Conduct of Bodhisattvas***

**Every Sat. and Tue. 18/9 and 21/9 kl. 15 - 17 CEST**

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

Organized by Urban Dharma Buddhist community, North Carolina

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## **Drubpon Rinchen Dorjee Rinpoche bestows**

**Teaching: Clarifying the Natural Mind by Takpo Tashi Namgyal,**

**Sat. 18/9, kl. 17 CEST**

Using practical examples from Takpo Tashi Namgyal's own experience, this wonderful text instructs on the path from mindfulness to the complete enlightenment of Mahamudra, simply and methodically.

Text can be purchased here.

Zoom-link: [Click here](#)

## **Medicine Buddha Practice, Achi Smoke Offering, and World Peace Prayer**

**Sun. 19/9, kl. 17 CEST**

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Download Text: [Click here](#)

Zoom-link: [Click here](#)

Donate to Chicago Ratna Shri Sangha.

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**Khenpo Samdup Rinpoche leads**

## **Teachings on Stages of Meditation**

**Sat. – Sun. 18 - 19/9 kl. 17 – 19 CEST**

Everything about this course: [here](#)

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: [here](#)

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**Drubpon Rinchen Dorjee Rinpoche bestows**

## **Online Chakrasamvara Empowerment, Teachings, and leads**

### **Drupcho Retreat together with Garchen Institute Lamas**

**Sun. – Wed. 25 - 29/9**

Chakrasamvara is the main yidam of all Kagyu lineages, and the central deity practiced in the Fivefold Path of Mahamudra of the Drikung Kagyu Lineage. Chakrasamvara is centered around using bliss and emptiness to recognize and rest in our true nature or Buddha essence.

More information comes soon

Livestream YouTube: [Click here](#)

Organized by Garchen Buddhist Institute, Arizona

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## **Venerable Khenpo Tenzin Offers**

### **Meditation Series on the 37 Bodhisattva Practices**

**Mon. 4/10, kl. 00 - 01 CEST**

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by Garchen Buddhist Institute, Arizona

### **Serkhangma (Golden Temple) Prayer Commentary**

**Start Fri. 8/10, every Tue (kl. 19-21 CEST). and Thur. (kl. 00 - 02 CEST)**

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper meaning of this profound prayer.

Texts: here. Commentary by H.H. Drikung Kyabgon: here. Recitation by H.E. Garchen Rinpoche: here.

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by Garchen Buddhist Institute, Arizona

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**His Holiness the 14<sup>th</sup> Dalai Lama bestows:**

**Talk: Our Happiness, Our Health, Our Future: His Holiness**

**the Dalai Lama's Reflections and Conversations on Our Happy, Healthy, and Sustainable Future**

**Wed. 22/9, kl. 05:30 – 06:30 CEST**

This program is organized by Monmouth University, USA.

**Teaching: Tsongkhapa's In Praise to Dependent Origination**

**Sat. – Sun. 9 – 10/10, kl. 05:30 – 07:00 CEST**

This program is organized by a group of Taiwanese.

**Remarks on Compassion and Q & A**

**Tue. 26/10, kl. 05:30 – 06:30 CEST**

**Teaching: Maitreya's The Ornament of the Sutras**

**Thur. – Fri. 4 – 5/11, kl. 04:30 – 05:30 CET**

**Talk: Cultivating a Good Heart**

**Wed. 10/11, kl. 04:30 – 05:30 CET**

**Dialogue with Father Laurence Freeman and Q & A**

**Wed. 1/12, kl. 04:30 – 05:30 CET**

**Dialogue and Question & Answer**

**Wed. 8/12, kl. 04:30 – 05:30 CET**

This program is organized by the Mind & Life Institute.

Livestream page for all events above: <https://www.dalailama.com/live>

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**H.E. Nubpa Rinpoche bestows**

**Bodhicaryavatara by Shantideva**

**Aug. 9 onward, Mon. – Fri. kl. 13:30 – 14:30 CEST**

Live broadcast In Tibetan and Chinese:

<https://www.facebook.com/nubpa.rinpoche>

and <https://www.youtube.com/桑吉佛網>

English translation can be read in Ratnashri Meditation Center, Sweden  
Facebook.

**Milarepa Song shared by H.E. Nubpa Rinpoche**

My happiness not known to relatives,  
my sorrow not known to enemies—  
if I can die in this mountain retreat,  
the yogi's aspiration will be fulfilled.

My aging not known to friends,  
my sickness not known to my sister—  
if I can die in this mountain retreat,  
the yogi's aspiration will be fulfilled.

My death not noticed by humans,  
my rotten corpse not seen by birds—  
if I can die in this mountain retreat,

the yogi's aspiration will be fulfilled.

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## **From the International Drikung Kagyu Council**

Dear Dharma friends,

This year marks the auspicious 80th Birthday of His Holiness the Drikung Kyabgön Chungtsang Chokyi Nangwa, one of the two supreme heads of the glorious Drikung Kagyu lineage. To pray for the excellent health and longevity of His Holiness, we are requesting you to recite White Tara Mantra and submit your total accumulation till 27 Oct 2021 at <https://idkc.net/mantra-accumulation> .

Thank you.

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## **H.H. Drikung Kyabgon offers gratitude to H.E. Togden Rinpoche**

This is to state that His Eminence Togden Rinpoche, the master of sacred lineage, the lord of the mandala, kindly bestowed the empowerment and oral transmission on the exceedingly rare texts of Drigung Kagyu tradition from 18th to 28th August 2021 at the grove of Ladakh Ghanong Tashi Choszung where empowerment and oral transmission takes place. The empowerment and oral transmission was conferred to nine Lamas, Tulkus and fifty five Sangha communities headed by the reincarnation of H.E. Gyabra Trisab Rinpoche and Khenchen Nyima Gyaltzen.

Even at the age of 85th His Eminence Togdan Rinpoche has tirelessly bestowed the empowerment and oral transmission for which I would like to offer the highest form of gratitude. The empowerment and oral transmission bestowed by Togdan Rinpoche are among 136 volumes that consisted

the entire version of the empowerment and oral transmission of Drigung Kagyu.

In the past, His Eminence Togdan Rinpoche kindly bestowed the oral transmission on the words of the Buddha (Kagyur) and the empowerment and oral transmission on the texts of Drigung Kagyu school at Jangchubling, Dehradun. Even at this time when the teaching of the Buddha is at the point of decline, Rinpoche has succeeded in completing the empowerment and oral transmission on the exceedingly rare texts of Drigung Kagyu school, which is indeed the highest form of contribution to preserve the teachings of Gyalwa Drigungpa.

When His Eminence Togdan Rinpoche was at Drigung Yangrigar in Tibet he used to sit at the beginning of sitting row of the Lamas and Tulku renowned in the history known as “Thirty sons and disciples of Drigung”. Furthermore, when I was giving the first ever Monkey Year Teaching in Dongnur Sumdho in 1956, Togdan Rinpoche also took on the role of spiritual guide at the right side. However, Drigung school has been known as “Gaining Mastery over Dependent connection, Tendrel”, which becomes true in practical point of view. This time, the deepest vote of thanks and gratitude was offered by Drigung Labrang.

I pray for your long and healthy life and in future I hope to continually bestow the entire remaining version of the empowerment and oral transmission in Jangchubling.

By His Holiness the Drikung Kyabgon Chetsang.

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Stay healthy, happy, and enjoy your Dharma practice.



## OM MANI PADME HUNG.

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