

**May all be auspicious!**

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**H.E. Garchen Rinpoche bestows**

**OM AH HUNG Teachings—Instructions on Vajra Breath**

**Oct. 2 kl. 18 – 21 CEST**

**Answers to practice (questions organized by Russian Sangha)**

**Oct. 3 kl. 18 – 21 CEST**

Livestream YouTube: Click [here](#)

Read more [here](#) about how to register for Zoom participation, donation, submit questions etc.

Write all inquiries to [info@drikung.ru](mailto:info@drikung.ru)

Organized by [Drikung Kagyu Ratna Shri Center, Moscow](#)

**H.E. Garchen Rinpoche bestows**

**Teaching: Experiences with my Gurus**

**Sat. 23/10**

According to his wish, H.E. Garchen Rinpoche will teach about the connection between the guru and the disciple in Vajrayana, based on his experience with his own gurus. More information [here](#)

Organized by [Drikung Garchen Institute, Germany](#)

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**Drubpon Tsering Rinpoche leads**

**White Tara Practice Sun. 3/10 kl. 10:00 CEST**

**Yamantaka Practice Wed. 6/10 kl. 19 CEST**

**Shamata and Avalokiteshvara Practice Fri. 8/10 kl. 18 CEST**

All puja texts can be downloaded [here](#)

Zoom-link: <https://zoom.us/> Meeting-ID: 737 3762 3305 / Password: Tara21?

Donate to the Garchen Dharma Institute in Munich [here](#)

**Yamantaka Empowerment, Lung, and Teachings**

**Sat. 9/10, kl. 10 - 12 CEST Empowerment**

**Sat. 9/10, kl. 15 – 17:30 CEST Teachings and Lung**

More information and registration [here](#)

Organized by [Drikung Garchen Institute, Germany](#)

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**Dorje Lopön Dr. Hun Lye teaches**

**Instructions and Practice – Five Royal Sutras as Instructed by  
Guru Rinpoche to the King**

**Every Mon. from 4/10 kl. 15 CEST**

Five royal sutras (Tib. རྒྱལ་པོ་མདོ་ལྔ།, Wyl. rgyal po mdo lnga) are one of two sets of profound, relatively short, and pithy works traditionally said to have been translated on Padmasambhava's recommendation and used for daily practice by the eighth century Tibetan king Trisong Detsen. Their use is said to have contributed, along with other practices, to the king's life being prolonged by thirteen years beyond the limit predicted by astrological reckoning. These accounts together with the list of the sutras are found in the biographies of Guru Padmasambhava, e.g. in the 18th chapter of the Zanglingma and 70th chapter of the Pema

Kathang. The other set is the ten royal sutras in which these are included. (from [https://www.rigpawiki.org/index.php?title=Five\\_royal\\_sutras](https://www.rigpawiki.org/index.php?title=Five_royal_sutras)). The five sutras are:

SAMANTABHADRA'S KING OF ASPIRATION PRAYERS

VAJRA VIDARANA

THE ESSENCE OF PRAJNA SUTRA (HEART SUTRA)

NOBLE SUTRA OF THE WISDOM AT THE MOMENT OF DEATH

SUTRA OF THE THREE SECTIONS: CONFESSION TO 35 BUDDHAS

This book can be freely downloaded [here](#)

Zoom Link: [here](#). Meeting ID: 937 370 089 Password: 5Sutras

Make a donation [here](#)

## ***Bodhicitta according to Shantideva's Engaging in the Conduct of Bodhisattvas***

**Every Sat. and Tue. 25/9 and 28/9 kl. 15 - 17 CEST**

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

Organized by [Urban Dharma Buddhist community, North Carolina](#)

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## **Khenpo Samdup Rinpoche leads**

## **A White Sur Offering called Pervading All Purelands**

**Sat. – Sun. 3-4/10 kl. 17 – 19 CEST**

This practice can be dedicated for the benefit of people or animals who have died to help them purify karma and take a better rebirth. The White Sur consists of a smoke offering of flour, sweets, dairy products or a special blend of offering substances. The time of death can be an opportunity for the realization of great wisdom or taking a

happier rebirth

Download text [here](#)

Zoom-link: [here](#) Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: [here](#)

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## **Venerable Khenpo Tenzin Offers**

### **Mandala Offering Ngondro Retreat**

**Every Sat. Oct. 2 – Nov. 6, kl. 15 - 17 CEST**

Mandala Offering Practice reduces and eventually eliminates self-grasping. Venerable Khenpo Tenzin will guide participants in zoom classes with instruction and commentary on the third ngondro retreat of Mandala Offerings which is essential for purifying and accumulating merit. Registration is required and participants must commit to doing the entire retreat and attend a zoom class once a week for instruction and discussion. This retreat will be restricted for the participants and will not be accessible on our YouTube channel for the public. Orientation materials will be emailed out before the retreat begins which will include the materials you need.

Click [Here](#) to Register. The Mandala Retreat registration closes on October 1, 2021. Email any questions you have to [registration@garchen.net](mailto:registration@garchen.net)

Khenpo Tenzin recognizes that each person's conditions will vary and some may work full time, part time, or be retired. You will be required to do a minimum of one session of practice everyday for the Mandala Offering ngondro retreat and ideally you would do the traditional four sessions a day.

Donation Click [here](#). The suggested donation of \$300 for one ngondro retreat will help cover the offerings and costs to provide

this programing. However, any size are gratefully accepted.

Organized by [Garchen Buddhist Institute, Arizona](#)

## **Meditation Series on the 37 Bodhisattva Practices**

**Mon. 4/10, kl. 00 - 01 CEST**

Livestream YouTube: Click [here](#)

Donation Click [here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

## **Serkhangma (Golden Temple) Prayer Commentary**

**Start Tue.. 5/10, every Tue. (kl. 19-21 CEST). and Thur. (kl. 00 - 02 CEST)**

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper meaning of this profound prayer.

Texts: [here](#). Commentary by H.H. Drikung Kyabgon: [here](#). Recitation by H.E. Garchen Rinpoche: [here](#).

Livestream YouTube: Click [here](#)

Donation Click [here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

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**Celebrating Lhabab Duchen (Lord Buddha's descent from the Trāyastriṃśa Heaven) & His Holiness Drikung Kyabgon Chokyi Nangwa's 80<sup>th</sup> Birthday**

**October 27, kl. 15 CEST**

**Sat. – Sun. 3-4/10 kl. 17 – 19 CEST**

Zoom-link: [here](#) Zoom-ID: 837 0087 3979 PASSWORD: 123456

Hosted by [The International Drikung Kagyu Council](#)

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**His Holiness the 14<sup>th</sup> Dalai Lama bestows:**

**Teaching: Tsongkhapa's In Praise to Dependent Origination**

**Sat. – Sun. 9 – 10/10, kl. 05:30 – 07:00 CEST**

This program is organized by a group of Taiwanese.

**Remarks on Compassion and Q & A**

**Tue. 26/10, kl. 05:30 – 06:30 CEST**

**Teaching: Maitreya's The Ornament of the Sutras**

**Thur. – Fri. 4 – 5/11, kl. 04:30 – 05:30 CET**

**Talk: Cultivating a Good Heart**

**Wed. 10/11, kl. 04:30 – 05:30 CET**

**Dialogue with Father Laurence Freeman and Q & A**

**Wed. 1/12, kl. 04:30 – 05:30 CET**

**Dialogue and Question & Answer**

**Wed. 8/12, kl. 04:30 – 05:30 CET**

This program is organized by the Mind & Life Institute.

Livestream page for all events above: <https://www.dalailama.com/live>

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**H.E. Nubpa Rinpoche bestows**

## Bodhicaryavatara by Shantideva

**Aug. 9 onward, Mon. – Fri. kl. 13:30 – 14:30 CEST**

Live broadcast In Tibetan and Chinese:

<https://www.facebook.com/nubpa.rinpoche>

and <https://www.youtube.com/桑吉佛網>

English translation can be read in [Ratnashri Meditation Center, Sweden Facebook](#).

### **A sample of teachings by H.E. Nubpa Rinpoche**

Bodhicaryavatara by Shantideva, chapter on diligence, verse 46

Therefore, I will aspire to have devoted interest in performing virtue and should cultivate and practice it with devotion. By the method in the *Vajradhvasutra*, I should start to train in pride.

In the sixth chapter of the *Avatamsaka* which describes the dedication of Vajradhvaja, the following can be found: *Devaputra, when the sun rises, it is not dismayed by the fact that some men are blind nor by the mountain shadows that it is unable to dispel. No, it sheds light on all that can be illuminated. In the same way, when Bodhisattvas appear for the sake of beings, they are not dismayed by the fact that some are wild and hostile. They bring to maturity and liberate all those who are capable of liberation.*

Bodhisattvas should always practice virtue in order to benefit all sentient beings. They should not forsake sentient beings in their mind due to sentient beings' evil faulty conduct, wrong views, hatred, being difficult to tame, and so on. Bodhisattvas will never give them up or not dedicate merits to them.

Here pride does not refer to the samsaric pride, but rather refers to the pride with the commitment and confidence that I am able to accomplish whatever I have undertaken. We should first understand the causality or the ripening fruit of virtue and non-virtue by means of analyses and contemplation. That will cultivate our interest in practicing virtue. Then we should practice virtue with sincerity and devotion.

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**Ratnashri Meditation Center welcomes you to a series of three online Silent Shravasti Meditation retreats with Ven. Khenmo Drolma**

## Oct. 15 – 17, Nov. 12 – 14 and Dec. 3 – 5, 2021 (Friday thru Sunday)

Buddha said, “When the mind is realized, that itself is wisdom. Thus, do not search Buddha elsewhere.”

His Holiness Drikung Kyabgon Chetsang Rinpoche has introduced this meditation as an easy but comprehensive mind training approach following the *Sutra of Mindfulness of Breathing* taught by the Buddha in Shravasti while illuminating and supplementing it with teachings and techniques from Vipassana, Zen, and Mahamudra & Dzogchen traditions. This healthy, well-balanced mind training method is suitable for everybody in this modern day life.

The purpose of these retreats is to deepen our understanding of our own mind in order to expand our innate loving kindness, compassion, and bodhicitta through study, contemplation, and meditation. These silent retreats create conducive conditions for wisdom to arise.

All are welcome to join. Read the detailed program and an extensive teaching on Shravasti meditation expounded by HH Drikung Kyabgön Chetsang Rinpoche here

([https://ratnashri.se/ShravastiMeditation\\_Fall2021.pdf](https://ratnashri.se/ShravastiMeditation_Fall2021.pdf) )

Organized by [Ratnashri Meditation Center](#)

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Stay healthy, happy, and enjoy your Dharma practice.

May bodhicitta increase higher and higher.

OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden

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