

May all be auspicious!

Dorje Lopön Dr. Hun Lye teaches
Bodhicitta according to Shantideva's *Engaging in the*
Conduct of Bodhisattvas

Every Sat. and Tue. 16/10 and 19/10 kl. 15 - 17 CEST

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

Instructions and Practice – Five Royal Sutras as
Instructed by Guru Rinpoche to the King

Mon. 17/10 kl. 15 CEST

This book can be freely downloaded [here](#)

Zoom Link: [here](#). Meeting ID: 937 370 089 Password: 5Sutras

Make a donation [here](#)

A sutra on Shravasti Meditation called
"Mindfulness of Breathing"

Thur. Oct. 21, 28 kl. 22:30 - 00 CEST Nov. 4, 11
kl. 22:30 - 00 CET

Dr. Lye will teach the Mindfulness of Breathing Sutra in the context of H.H. Drikung Kyabgön Chetsang Rinpoche's "Shravasti Meditation". His Holiness's integrated approach to meditation uses this fundamental sutra as its main source while illumination and supplementing it with teaching and techniques from the Mahamudra, Dzogchen, and Zen traditions. This program combines practical application with theoretical understanding.

Zoom id: 5391291909 Password: 123456

Make a donation [here](#)

Programs above are organized by [Urban Dharma Buddhist community, North Carolina](#)

Khenpo Samdup Rinpoche leads

**The Flight of the Garuda Dzogchen
Commitment retreat**

**Starts Sat. 16-17/10 kl. 17-19 CEST for at least 8
weekends**

This is a renowned collection of twenty-three Dharma Songs of Realization composed by a famous yogi, Tsoldrol Rangdu also known as Zhabkar. He was a realized practitioner, much like Milerepa, who became known for his ability to ripen students' minds with his blessings and compassion expressed in the poetic, clear language of these songs.

WHAT IS THE COMMITMENT?

To maximize the benefit of these profound teachings, COMMIT to attending all retreat sessions online in person as the teachings occur. If an unforeseen circumstance causes you to miss a session, please contact info@gardrolma.org for further information. Those who attend should have previously received foundational Buddhist teachings or an introduction to the preliminary practices.

To attend these teachings, one must register [here](#) to receive the private zoom link.

Information: <https://gardrolma.org/the-flight-of-the-garuda/>

Contact info@gardrolma.org

Drubpon Tsering Rinpoche leads

Shamata and Avalokiteshvara Practice

Fri. 22/10 kl. 18 CEST

Experiences of Garchen Rinpoche's Guru

Sat. 23/10 19:30 – 21:00 CEST

More information [here](#)

Livestream YouTube: [Click here](#)

Zoom-meeting organized by [Drikung Garchen Institute, Germany](#)

White Tara Longevity Practice

Sun. 24/10 kl. 10:00 CEST

All puja texts can be downloaded [here](#)

Zoom-link: <https://zoom.us/> Meeting-ID: 737 3762 3305 / Password: Tara21?

[Donate](#) to the Garchen Dharma Institute in Munich

Organized by [Drikung Garchen Institute, Germany](#)

H.E. Garchen Rinpoche leads

White Tara Practice and Burning Away Afflictions for Deceased

Sun. 17/10, kl.19-21 CEST

Texts can be found [here](#).

Email dedications to: dedications@garchen.net

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Teaching: Experiences with my Gurus

According to his wish, H.E. Garchen Rinpoche will teach about the connection between the guru and the disciple in Vajrayana, based on his experience with his own gurus.

Sat. 16/10 kl. 19:30 – 21:00 CEST

Zoom-meeting organized by [Denver Dzogchen](#)

Sat. 23/10 19:30 – 21:00 CEST More information [here](#)

Zoom-meeting organized by [Drikung Garchen Institute, Germany](#)

Sat. 30/10 19:30 – 21:00 CEST More information [here](#)

Zoom-meeting organized by [Ratnashri Meditation Center, Sweden](#)

Livestream YouTube: [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Medicine Buddha Puja

In honor of His Holiness Drikung Kyabgon Choki Nangwa 80th Birthday & help to end the pandemic

Wed. 27/10 kl. 20:00 – 21 CEST

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Annual Secret Accomplishment Practice of Vajrakilaya
Offered by H.E. Garchen Rinpoche, Drubpon Rinchen Dorjee Rinpoche, Lama Thubten Nyima, and Garchen Institute Lamas

Sat. - Wed. 13-17/11

Teaching and Sadhana Practice / 9am – 12pm

Sadhana Practice / 2pm - 5pm

Throughout time and space, Buddhas and Bodhisattvas have been called to initiate the hearts and minds of their students. Come great ones and with your vajra thunderbolt of wisdom and your hinderance demolishing phurba to once and for all dispel the samsaric seeds of unknowing. Lord of Death, with your spear and trident pierce the veil of ignorance to free us from the path of karmic repetition.

Wrathful Vajrakilaya is the yidam deity who embodies the enlightened activity of all the Buddhas. Vajrakilaya is a wrathful manifestation of Vajrasattva, the Buddha of Purification. This practice focuses on removing intense inner and outer obstacles to peace, happiness, and enlightenment within oneself, the environment and the world at large.

H.E. Garchen Rinpoche bestowed the Vajrakilaya empowerment in 2020 and for anyone who has not received this empowerment yet, click [here to register](#) for the empowerment link and Vajrakilaya sadhana for practice.

H.E. Garchen Rinpoche is instructing everyone to take the Vajrakilaya empowerment online before the Vajrakilaya Drupcho begins on November 13th. Rinpoche would like more time to practice and teach rather than giving the empowerment again. Rinpoche says it is absolutely the same blessing to receive the recorded empowerment from last year as it is taking it live online.

This is a wonderful opportunity to practice in this amazingly powerful mandala, for the benefit of all beings. We look forward to practicing with you online!

TEXT: The Vajrakilaya Sadhana will be available for restricted download after you have [registered](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Venerable Khenpo Tenzin Offers

Meditation Series on the 37 Bodhisattva Practices

Mon. 18/10, kl. 00 - 01 CEST

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Serkhangma (Golden Temple) Prayer Commentary

Oct. 19, 21, 26, 28 Tue. (kl. 19-21 CEST). and Fri. (kl. 00 - 02 CEST)

Garchen Rinpoche has requested Khenpo Tenzin to give an extensive commentary on the Serkhangma teachings and stresses the importance for all his disciples to fully understand the deeper meaning of this profound prayer.

Texts: [here](#). Commentary by H.H. Drikung Kyabgon: [here](#). Recitation by H.E. Garchen Rinpoche: [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Drupon Rinchen Dorjee Rinpoche leads

Vajrakilaya Intensive Retreat (In Person)

November 27 - December 18

This is a profound opportunity to deepen your practice of Vajrakilaya under the guidance of a retreat master. Drupon Rinchen Dorje Rinpoche is the three-year retreat master at the Garchen Institute. This deity yoga intensive is a unique combination of solitary and group practice. The retreat is entirely silent but for question and answer sessions three times a week with the retreat master. Cost of this three-week deity yoga retreat is \$1000, which includes tuition and a private room or hut. Participants will pay for their own food and prepare their own meals. All food shopping is done by staff.

The rare conditions of this retreat will help deepen your practice of Vajrakilaya under the guidance of such a precious teacher!

For more information and to request an application, please send an email to: questions@garchen.net

His Holiness the 14th Dalai Lama bestows:

Teaching: Compassion

Tue. 26/10, kl. 05:30 – 06:30 CEST

Teaching: Maitreya's The Ornament of the Sutras

Thur. – Fri. 4 – 5/11, kl. 04:30 – 05:30 CET

Talk: Cultivating a Good Heart

Wed. 10/11, kl. 04:30 – 05:30 CET

Talk: Educating the Heart in the New Millennium

Wed. 24/11, kl. 04:30 – 05:30 CET

Dialogue with Father Laurence Freeman and Q & A

Wed. 1/12, kl. 04:30 – 05:30 CET

Dialogue and Question & Answer

Wed. 8/12, kl. 04:30 – 05:30 CET

This program is organized by the Mind & Life Institute.

Livestream page for all events above: <https://www.dalailama.com/live>

Celebration of Lhabab Duchen and H.H. Drikung Kyabgon Chungtsang Rinpoche's 80th Birthday

1. Long Life White Tara Mantra Accumulation for H.H. Drikung Kyabgon Chokyi Nangwa's 80th Birthday

This year marks the auspicious 80th Birthday of His Holiness the Drikung Kyabgön Chungtsang Chokyi Nangwa, one of the two supreme heads of the glorious Drikung Kagyu lineage. His Holiness is considered to be the manifestation of the Wisdom Bodhisattva Manjushri. He supports, promotes and guides the Drikung Lineage from his residence in Lhasa, the capital of Tibet.

To pray for the excellent health and longevity of His Holiness, we are requesting you to recite White Tara Mantra and submit your total accumulation till 27 Oct 2021 at

<https://idkc.net/mantra-accumulation> .

If we recite this mantra with a pure mind and wholeheartedly many times, we can also simultaneously include all sentient beings in this mantra meditation:

May all be happy, free from suffering, and enjoy a long and fulfilling life.

OM TARE TUTTARE TURE MAMA AYUR GYANA PUNYE
PUSHTING KURU SVAHA

The mantra accumulation ends on His Holiness' birthday and is ceremonially presented to him as a gift. According to the Western calendar, this is on October 27, 2021.

Organized by [The International Drikung Kagyu Council](#)

2. Special Program by Drubpön Sonam Jorphel

**Transmission and teachings on the Longevity Practice of
Amitayus in the tradition of Machig Drubpe Gyalmo and
the transmission of the Jang Chub Tung Shag (Confession
of the bodhisattvas' Downfalls)**

Mon. - Wed. 25-27/10 kl. 04:30 - 13:30 CEST

Under three days, there will be continuous practice of Amitayus.

Zoom link: <https://zoom.us/j/9798887375>

More information: [here](#)

Organized by Drikung Kagyu Samten Ling Mediation Center Vietnam

**3. Teaching by H.H. Drikung Thinley Lhundrub
Joined by H.E. Garchen Rinpoche**

Wed. 27/10 kl. 15 CEST.

Zoom-link: [here](#) Zoom-ID: 837 0087 3979 PASSWORD: 123456

Hosted by [The International Drikung Kagyu Council](#)

**Phagmodrupa Mahaparinirvana Commemoration Puja
led by H.H. Drikung Thinley Lhundrub**

Sun. 31/10 kl. 12:30 – 14:30 CET.

Zoom-id: 8820902510 Password: 117423

Hosted by [The International Drikung Kagyu Council](#)

**Khenchen Nyima Gyaltzen Rinpoche celebrates
Phagmodrupa Mahaparinirvana Commemoration by
bestowing teaching on.**

The Four Dharmas of Gampopa

Sun. 31/10 kl. 14:30 – 16:30 CET.

Zoom-ID: 86421615341 PASSWORD: 123456

Hosted by [BO DE TAM 4ALL](#)

**H.E. Nubpa Rinpoche bestows
Bodhicaryavatara by Shantideva**

Aug. 9 onward, Mon. – Fri. kl. 13:30 – 14:30 CEST

Live broadcast In Tibetan and Chinese

<https://www.facebook.com/nubpa.rinpoche>

and <https://www.youtube.com/桑吉佛網>

English translation can be read in [Ratnashri Meditation Center, Sweden](#)
[Facebook](#).

Lapchi Children Project – Looking for Sponsorships

The people residing in Lapchi (eastern Nepal) are poor and live in simple homes made of stones and metal roofs with no basic utilities like electricity, heat, hot water and gas for cooking. After the earthquake, the situation got only worse. Many of their simple homes were destroyed and have to be rebuilt. Many families lost animal live stocks like ...

[Read more](#)

Stay healthy, happy, and enjoy your Dharma practice.
OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden
Friggavägen 11
181 32 Lidingö
Sweden

Web: <http://www.ratnashri.se>

Email: info@ratnashri.se

Facebook: <fb.me/ratnashri.sweden>

YouTube Channel: Ratnashri Sweden

Phone: +46 (0) 8 765 5878

PG-konto: 128 78 06-2

Paypal: paypal@ratnashri.se or [paypal.me/ratnashri](https://www.paypal.me/ratnashri)

To unsubscribe, please send email to tounsubscribe@ratnashri.se