

May all be auspicious!

Don't Miss

Three Wrathful Deities Retreat with Drubpon Tsering Mar. 19-20

Empowerment, teaching, transmission, and practice based on the precious Atiyoga sadhana composed by the 7th Garchen Rinpoche.

Program can be found [here](#).

[Organized by Ratnashri Meditation Center, Sweden](#)

Go Green Go Organic invites you to become part of our “Green Solidarity” Journey. Meet the community, interact with our movers and shakers, enjoy our short film through live stream. The short trailer of the film can be found at

<https://www.facebook.com/gggoglobally/videos/637706260663102/>

Sun. March 20, 2022 kl. 14:30 CET Facebook Livestream

བྲག་ཤིས་དཔལ་འབར་འཇམ་སྒྲིང་རྒྱན་ཏུ་བྱོན།

**WANTED!
BRAVE
GREEN
WARRIORS.**

Welcome to my Solidarity of Greens.
Help launch the 11th phase of planting in Ladakh !

Join us on: 20th March 2022. Time: 7:00pm
Venue: Hotel Grand Dragon leh (by invitation only)

You are welcome to join us on live stream

Go Green Go Organic Globally

GOVERNMENT OF LADAKH
GOVERNMENT OF LADAKH
Green Himalayas
go green go organic

His Holiness the 14th Dalai Lama bestows:

Short Teaching including from the Jataka Tales

Fri. 18/3 kl. 04:30 – 05:30 CET

Livestream page for all events above: <https://www.dalailama.com/live>

Khenpo Rangdol bestows

Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön

Fridays 18/3, 25/3, 1/4 kl. 13:30 CET.

Zoom id: 848 2294 5265 Passcode 555888

Text: [here](#)

Gongchig by Lord Jigten Sumgön conveys clearly the essence of the Buddha's teachings. It delineates the causal law of the universe, Nagarjuna's philosophy of interdependence, and opens one's mind to principles of ethics that help to guard oneself against confusion and deceit. Thus the Gongchig is a guide for every Dharma practitioner - for both study and application in daily life.

Organized by [Drikung Dharma Chakra Centre in Singapore](#)

His Eminence Lho Ontul Rinpoche gives commentary on The Two Truths

Saturdays: 19/3 and 26/3 kl. 13:30 CET

In Nagarjuna's *Mulamadhyamakakarika*, the two truths doctrine is used to defend the identification of dependent origination with emptiness (sunyata): The Buddha's teaching of the Dharma is based on Two Truths, a truth of worldly convention and an ultimate truth. Those who do not understand the distinction drawn between these Two Truths do not understand the Buddha's profound truth. Without a foundation in the conventional truth, the significance of the ultimate truth cannot be taught. Without understanding the significance of the ultimate, liberation is not achieved.

Creation and Completion Stages of Deity Yoga

Saturdays: April: 9, 16, 23, 30; May 7, 14, 21, 28 kl. 14:30 CEST

The generation stage or creation phrase, also known as the phase of imagination and the yoga of fabrications is the first phase of tantric deity yoga in the

Unsurpassed Yoga Tantra. Ju Mipham defines the generation stage as follows: "accessing the purity and equality of appearance and existence through conceptual creations and training in accord with the view that ascertains the meaning of the natural continuum of the ground. The completion stage, also known as perfection or fulfilment stage or the yoga of the natural state is the second stage of Unsurpassed Yoga Tantra. Ju Mipham writes that in the completion stage or path of the innate or path of direct perception, the profound methodical pith instructions actualize the tantra of the ground, the great purity and equality that dwells within as the mandala of spontaneous presence.

ZOOM ID: 93492976047 Passcode: 123456

Donation to the Monastery and Rinpoches, please email to wtsl1971@gmail.com
phone: +91 85809 99659

Organized by [WOGMIN THUPTEN SHEDUP LING](#)

Drubpon Tsering Rinpoche leads

Shamata & Avalokiteshvara Practice Fri. 18/3 kl. 18 CET

Medicine Buddha Puja or Yamantaka Puja Wed. 23/3 kl. 19 CET

All puja texts can be downloaded [here](#)

Zoom-link: <https://zoom.us/> Meeting-ID: 737 3762 3305 / Password: Tam108

[Donate](#) to the Garchen Dharma Institute in Munich

Three Wrathful Deities Retreat with Drubpon Tsering Mar. 19-20

Empowerment, teaching, transmission, and practice based on the sadhana composed by the 7th Garchen Rinpoche

Registration is required. Program information [here](#).

Organized by [Ratnashri Meditation Center, Sweden](#)

Dorje Lopön Dr. Hun Lye teaches

Bodhicitta according to Shantideva's *Engaging in the Conduct of Bodhisattvas*

Sat. 19/3 kl. 14-16 CET

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

Khenpo Samdup Rinpoche leads

Preliminary Practices (Ngondro) of The Profound Five-fold Path of Mahamudra composed by Garchen Rinpoche

Sat. 19/3 kl. 17 – 19 CET

Khenpo will give the transmission and instructions for the preliminary practices (ngondro) of the Five-fold Mahamudra composed by Garchen Rinpoche. Engaging in this suite of practices purifies the mind of negativity and gathers the accumulations of merit and wisdom

Text: [here](#)

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode:

620213 Make a donation to Gar Drolma Meditation Center:

[here](#)

Milarepa Songs of Realization

Sun. 20/3 kl. 16 – 18 CET

Text: [here](#)

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode: 620213 Make a donation to Gar Drolma Meditation Center: [here](#)

H.E. Garchen Rinpoche bestows:

White Tara Practice and Jangchok for Deceased
Sun. 20/3, kl.18-20 CET

Texts can be found [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Annual Guru Rinpoche Mantra Accumulation Retreat
Fri. - Sun. 25-27/3

More information coming soon.

Organized by [Garchen Buddhist Institute, Arizona](#)

Venerable Khenpo Tenzin Offers

Meditation on the 37 Bodhisattva Practices
Sun. 20/3, kl. 23 - 00 CET

Jewel Ornament of Liberation
Tues. 22/3, kl. 18 - 20 CET

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Jewel Ornament of Liberation Q&A
Sun. 20/3, kl. 21:30 – 22:50 CET

Zoom id: 218 378 3697 Password: Ratna88

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

Stay healthy, happy, and enjoy your Dharma practice.
OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden
Friggavägen 11
181 32 Lidingö
Sweden

Web: <http://www.ratnashri.se>

Email: info@ratnashri.se

Facebook: fb.me/ratnashri.sweden

YouTube Channel: Ratnashri Sweden

Phone: +46 (0) 8 765 5878

PG-konto: 128 78 06-2

Paypal: paypal@ratnashri.se or paypal.me/ratnashri