

**May all be auspicious!**

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**Khenpo Rangdol bestows**

**Gongchig (Buddha's Single Intention) by Lord Jigten Sumgön**

**Fridays 25/3, 1/4 kl. 13:30 CET.**

Zoom id: 848 2294 5265 Passcode 555888

Text: [here](#)

Gongchig by Lord Jigten Sumgön conveys clearly the essence of the Buddha's teachings. It delineates the causal law of the universe, Nagarjuna's philosophy of interdependence, and opens one's mind to principles of ethics that help to guard oneself against confusion and deceit. Thus the Gongchig is a guide for every Dharma practitioner - for both study and application in daily life.

Organized by [Drikung Dharma Chakra Centre in Singapore](#)

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**His Eminence Lho Ontul Rinpoche gives commentary on  
The Two Truths**

**Saturdays: 26/3 kl. 13:30 CET**

In Nagarjuna's *Mulamadhyamakakarika*, the two truths doctrine is used to defend the identification of dependent origination with emptiness (sunyata): The Buddha's teaching of the Dharma is based on Two Truths, a truth of worldly convention and an ultimate truth. Those who do not understand the distinction drawn between these Two Truths do not understand the Buddha's profound truth. Without a foundation in the conventional truth, the significance of the ultimate truth cannot be taught. Without understanding the significance of the ultimate, liberation is not achieved.

**Creation and Completion Stages of Deity Yoga**

**Saturdays: April: 9, 16, 23, 30; May 7, 14, 21, 28 kl. 14:30  
CEST**

The generation stage or creation phrase, also known as the phase of imagination and the yoga of fabrications is the first phase of tantric deity yoga in the Unsurpassed Yoga Tantra. Ju Mipham defines the generation stage as follows: "accessing the purity and equality of appearance and existence through conceptual creations and training in accord with the view that ascertains the meaning of the natural continuum of the ground. The completion stage, also known as perfection or fulfilment stage or the yoga of the natural state is the second stage of Unsurpassed Yoga Tantra. Ju Mipham writes that in the completion stage or path of the innate or path of direct perception, the profound methodical pith instructions actualize the tantra of the ground, the great purity and equality that dwells within as the mandala of spontaneous presence.

ZOOM ID: 93492976047 Passcode: 123456

Donation to the Monastery and Rinpoches, please email to [wtsl1971@gmail.com](mailto:wtsl1971@gmail.com)  
phone: +91 85809 99659

Organized by [WOGMIN THUPTEN SHEDUP LING](#)

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**Drubpon Tsering Rinpoche leads**

**Shamata & Avalokiteshvara Practice Fri. 25/3 kl. 18 CET**

**Avalokiteshvara Practice Sat. 26/3, kl. 9 CET**

**Chenrezig Puja with Jangchog for the Deceased Sun. 27/3 kl. 10 CEST**

**Medicine Buddha Puja or Yamantaka Puja Wed. 30/3 kl. 19 CEST**

All puja texts can be downloaded [here](#)

Zoom-link: [https://zoom.us/ Meeting-ID: 737 3762 3305](https://zoom.us/Meeting-ID:73737623305) / Password: Tam108

[Donate](#) to Garchen Dharma Institute in Munich

**Yamantaka Retreat via Zoom Thur. – Sun. 31/3 – 3/4**

Registration is required. Program information [here](#).

Organized by Garchen Dharma Institute in Munich

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**Dorje Lopön Dr. Hun Lye teaches**

**Bodhicitta according to Shantideva's *Engaging in the Conduct of Bodhisattvas***

**Sat. 26/3 kl. 14-16 CET**

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

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**Khenpo Samdup Rinpoche leads**

**Guru Padmasambhava Teachings and Smoke Offering**

**Sat. 26/3 kl. 16 – 19:30 CET**

**Sun. 27/3 kl. 17 – 20:30 CEST**

Khenpo Samdup Rinpoche leads us in the Guru Rinpoche practice from the Enlightenment Stupa at Loma Bonita, Mexico. The Guru Rinpoche practice is considered a powerful antidote to the miseries of this degenerate age, including epidemic diseases. Guru Rinpoche brought the Dharma to Tibet in the 8th century fulfilling Shakyamuni Buddha's prophesy.

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode: 620213

Make a donation to Gar Drolma Meditation Center: [here](#)

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**Drubpon Rinchen Dorjee Rinpoche leads**

**Medicine Buddha Practice – The Heart of Benefit and Well Being Sun. 27/3, kl. 17 – 19 CEST**

The Heart of Benefit and Well Being is a concise practice composed by the tantric master, Nuden Dorje, which purifies and removes the underlying causes of disease to benefit the health of ourselves or others.

Text: [Click here](#)

Zoom-link: [Donate](#) to the organizer Chicago Ratna Shri Sangha.

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## **H.E. Garchen Rinpoche bestows:**



### **Annual Guru Rinpoche Mantra Accumulation Retreat** **Fri. - Sat. 25-26/3 kl. 17-20 and 22 – 01 CET** **Sun. 27/3 kl. 18-21 and 23 – 02 CEST**

Join us for this powerful practice to relieve the suffering of beings through elimination of self-grasping and generation of bodhichitta (the intent to benefit all sentient beings).

Guru Rinpoche ('Precious Master') established the Buddhadharma in Tibet. His name, Padmasambhava, means "Lotus-born" and refers both to his pure birth from a lotus, and to his completely awakened state -- he incarnated as a fully enlightened being.

The profound practice of Guru Rinpoche can transform and purify afflictive emotions - such as anger, jealousy and attachment - into wisdom and compassion, thus creating great merit while removing outer, inner and secret obstacles. The ultimate result will be the two-fold attainment of ordinary and supreme siddhis. Ordinary siddhis include long life, good health, peace and happiness, as well as the ability to fulfill all of your bodhichitta aspirations. The supreme siddhi is enlightenment.

The practice of Guru Rinpoche is especially beneficial during the present degenerate age in which beings experience very strong afflictive emotions. Guru Rinpoche predicted secret mantra would be of great benefit during the height of the degenerate age when many sicknesses of mind and body prevail and in times of war. He said that during this time we should continuously supplicate him by reciting his mantra:

OM AH HUNG VAJRA GURU PEMA SIDDHI HUNG.

We hold this Guru Rinpoche Mantra Accumulation practice annually because it is the wish of both H.E. Garchen Rinpoche & Drubwang Konchog Norbu Rinpoche that we conduct the practices of Amitabha, Chenrezik, & Guru Rinpoche every year. These three practices are the condensed essences of the three kayas of the Buddha.

#### EMPOWERMENT

For those of you who have not received the Guru Rinpoche empowerment, please do so BEFORE the retreat begins. Click [here](#) for the empowerment from H.E. Garchen Rinpoche.

Click [Here](#) to Register

Join this precious opportunity to invoke the blessings of Guru Rinpoche, for the benefit all beings and submit your daily accumulations on our website home page starting on March 25th.

Texts can be found [here](#).

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

## **White Tara Practice and Dharmapalas (Dharma Protectors)**

**Sun. 3/4, kl.19-21 CEST**

Texts can be found [here](#)

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

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## **Venerable Khenpo Tenzin Offers**

### **Meditation on the 37 Bodhisattva Practices**

**Sun. 3/4, kl. 00 - 01 CEST**

### **Jewel Ornament of Liberation**

**Tues. 29/3, kl. 19 - 21 CEST**

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

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Stay healthy, happy, and enjoy your Dharma practice.  
OM MANI PADME HUNG.

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