

**May all be auspicious!**

---

**Online Shravasti Meditation Curriculum with Venerable Khenmo Drolma**

**Retreat for Advanced Meditators, May 27-29, 2022**

Program and Registration [here](#)

Organized by [Ratnashri Meditation Center, Sweden](#)

---

**His Eminence Lho Ontul Rinpoche gives commentary on Creation and Completion Stages of Deity Yoga**

**Sat.: May 7, 14, 21, 28 kl. 14:30 CEST**

The generation stage or creation phrase, also known as the phase of imagination and the yoga of fabrications is the first phase of tantric deity yoga in the Unsurpassed Yoga Tantra. Ju Mipham defines the generation stage as follows: "accessing the purity and equality of appearance and existence through conceptual creations and training in accord with the view that ascertains the meaning of the natural continuum of the ground. The completion stage, also known as perfection or fulfilment stage or the yoga of the natural state is the second stage of Unsurpassed Yoga Tantra. Ju Mipham writes that in the completion stage or path of the innate or path of direct perception, the profound methodical pith instructions actualize the tantra of the ground, the great purity and equality that dwells within as the mandala of spontaneous presence.

ZOOM ID: 93492976047 Passcode: 123456

Donation to the Monastery and Rinpoches, please email to [wtsl1971@gmail.com](mailto:wtsl1971@gmail.com)  
phone: +91 85809 99659

Organized by [WOGMIN THUPTEN SHEDUP LING](#)

-----

## **Khenpo Samdup Rinpoche bestows**

### **Vajrakilaya Teachings – the Four Phurbas**

**Sat. – Sun 7/5 – 8/5 kl. 17– 19 CEST**

The practice of Vajrakilaya is particularly powerful for removing outer and inner obstacles to peace and unconditional compassion while promoting the well-being of the world community and the causes to attain enlightenment. An empowerment or lung (oral transmission) is not required to attend the teachings.

Zoom-link: [here](#); Meeting ID: 871 0136 3775 Passcode: 620213  
Organized by Drikung Dharma Surya Center. Make a donation [here](#).

-----

## **Drubpon Tsering Rinpoche bestows**

### **MANI RETREAT AND AVALOKITESHVARA EMPOWERMENT**

**Fri.. Avalokiteshvara Empowerment kl. 01:00 CEST**

**Fri. - Sun. Practice and Mantra Recitation kl. 15 – 00 CEST**

The Mani Drupchen is a traditional meditation retreat centered on the boundless love, compassion, and wisdom of Avalokiteshvara, whose mantra is OM MANI PADME HUNG HRI. When we recite OM MANI PADME HUNG with the mind to benefit all beings, we are engaging in a profound method that transforms our impure body, speech, and mind to a pure state of body, speech, and mind. Reciting each syllable of the Mani mantra with a mind of bodhicitta closes the doors to the six realms of samsara and frees sentient beings from suffering. “The more Mani mantras we recite, the more love will increase in the minds of sentient beings, the more hatred will decrease. The minds of beings will become peaceful and happy, which will also help one’s country. If the minds of humans become peaceful and happy, then also the minds of spirits will become peaceful and happy. The Mani mantra practice is supreme in order to bring about peace and happiness.”

~ H.E. Garchen Rinpoche

Register to get the Zoom-link: [here](#);  
Organized by Drikung Dharma Surya Center. Make a donation [here](#).

---

**H.E. Garchen Rinpoche bestows:**

**Milarepa's Vajra Song – the Eight Kinds of Mastery**

**Sat. 7/5, kl.19-21 CEST**

Texts can be found [here](#)

Livestream YouTube: [Click here](#)

Write to [info@milareparetreat.de](mailto:info@milareparetreat.de) by May 5 to receive Zoom link

Organized by [Milarepa Retreat Center, Germany](#)

**White Tara Practice and Jangchok for the Living**

**Sun. 8/5, kl.19-21 CEST**

Texts can be found [here](#)

Livestream YouTube: [Click here](#)

Donation [Click here](#) Organized by [Garchen Buddhist Institute, Arizona](#)

**Remembering the Benefits of the Guru**

**Sat. 14/5, kl.19-21 CEST**

Texts can be found [here](#)

Livestream YouTube: [Click here](#)

Write to [registration@kunzang.org](mailto:registration@kunzang.org) to receive Zoom link

Organized by [Kunzang Palchen Ling](#)

---

## **Completion Stage Teachings with Khenpo Yeshe Rinpoche**

**Sat. - Sun. 7-8/5, kl. 17 – 19, 21 – 00 CEST**

Clearly Revealing Primordial Wisdom Teachings

Dzogchen Tradition from the Yangzab Treasure Cycle

Khenpo Yeshe will be teaching from the most elaborate dzogchen commentary connected to the Yangzab (Innermost Profound Realization of the Sublime Dharma) Treasure Cycle of Teachings that were composed by Padmasambhava and later revealed by Drigung Rinchen Phüntshog (1509-1557). Rinchen Phüntshog himself was a famous practitioner and teacher of the Four Volumes of the Heart Essence (Nyingtig Yabzhi) and early on in his life did retreat on the Heart Essence of the Dakinis (Khandro Nyingtig) at the cave of Zhotö Tidro, where it was discovered centuries before by Padma Ledrel Tsal.

After composing a special commentary on the Khandro Nyingtig as well as having visions of being the incarnation of the Tibetan prince Lhase Mutig Tsenpo and later Longchenpa's own son, Rinchen Phüntshog extracted the Yangzab treasure scrolls from the same cave where the Khandro Nyingtig was found. Over the years, he decoded the teachings of this treasure cycle at places like Drong Ngur (Drubpön Rinchen Dorje's home monastery) and others, to reveal a set of instructions by Padmasambhava that distilled the essence of the entire Padmasambhava Heart Essence tradition. In particular, the teachings of the highest dzogchen practices of Separating Samsara and Nirvana (Khorde Rushen), Cutting Through Concepts (Tregchö), and Directly Crossing into the Three Kayas (Tögal) were revealed as a text entitled the Complete Perfection of the Primordial Wisdom of the Completion Stage.

Centuries later, the son of the famous treasure revealer Dudjom Lingpa and direct incarnation of Patrül Rinpoche, Patrül Namkha Jigme (1888-1960), composed an extremely profound and elaborate commentary on Rinchen Phüntshog's root treasure entitled Clearly Revealing Primordial Wisdom. This commentary is based on the Eighteen Dzogchen Pith Instruction Category Tantras in general and Longchenpa's own Innermost Essence of the Dakinis (Khandro Yangtig) in particular. It is one of the few compositions that have ever gone into such depth about the Dzogchen teachings to understand the nature of reality that have ever been composed. Khenpo Yeshe, who has a deep understanding of this tradition based on decades of study and practice under numerous teachers, has kindly agreed to teach from the root text and commentary.

Eric Fry-Miller

Click [HERE](#) to order the text for this teaching.

Click here to register: [Click here](#)

Organized by Chicago Ratna Shri Sangha.

-----  
**Dorje Lopön Dr. Hun Lye teaches**  
**Bodhicitta according to Shantideva's *Engaging in the***  
***Conduct of Bodhisattvas***

**Tue. 10/5, kl. 14-16 CEST**

Zoom Link: [here](#). Meeting ID: 852 9257 9977 Passcode: bodhicitta

Make a donation [here](#)

-----  
**Venerable Khenpo Tenzin Offers**  
**Jewel Ornament of Liberation**  
**Tues. 10/5, kl. 19 - 21 CEST**

**Jewel Ornament of Liberation Q&A**  
**Thur. 12/5, kl. 22:30 – 23:45 CEST**

Zoom ID : 218 378 3697 Password: Ratna88

**Meditation on the 37 Bodhisattva Practices**  
**Sun. 8/5, kl. 00 - 01 CEST**

Zoom ID : 218 378 3697 Password: Ratna88

Livestream YouTube: [Click here](#)

Donation [Click here](#)

Organized by [Garchen Buddhist Institute, Arizona](#)

-----  
**His Holiness the Dalai Lama bestows**

**Long Life Offering Ceremony in Dharmasala, India**  
**Wed. 25/5**

**Tsongkhapa's In Praise of Dependent Origination**  
**Wed. – Thur. 1 - 2/6**

**Heruka Initiation of the Luipa Tradition**  
**Fri. – Sun. 8 - 10/7**

Livestream page for all events above is <https://www.dalailama.com/live>

-----

**Generosity in a Time of Need**



Students of the Garchen Ratnashri Center in the Ukraine are in need of our assistance.

Maryna sent message this morning that a missile struck the town she is in and hit a military supply bunker which was exploding throughout the night. They were hiding in the cellar and she was frightened.

Sangha in Lisichansk are having a hard time with food supply so they have been transferred funds and are helping each other. Families are being sent out of the town but they are staying to help feed the animals and take care of the stupa they built there.

Sangha in Lisichansk are having a hard time with food supply so they have been transferred funds and are helping each other. Families are being sent out of the town but they are staying to help feed the animals and take care of the stupa they built there. If you would like to help our dharma brothers and sisters, please donate to the PayPal account of their director Maryna Semenyuk:  
[maryna.semenyuk@gmail.com](mailto:maryna.semenyuk@gmail.com).

---

Stay healthy, happy, and enjoy your Dharma practice.  
OM MANI PADME HUNG.

Ratnashri Meditation Center, Sweden  
Friggavägen 11  
181 32 Lidingö  
Sweden

Web: <http://www.ratnashri.se>

Email: [info@ratnashri.se](mailto:info@ratnashri.se)

Facebook: [fb.me/ratnashri.sweden](https://fb.me/ratnashri.sweden)

YouTube Channel: Ratnashri Sweden

Phone: +46 (0) 8 765 5878

PG-konto: 128 78 06-2

Paypal: [paypal@ratnashri.se](mailto:paypal@ratnashri.se) or [paypal.me/ratnashri](https://paypal.me/ratnashri)