

Recollecting Mother's Kindness



Being born as a rich family's daughter
as a result of virtues and good fortune,
Having faith and devotion to the Three Jewels,
you upheld the ten virtues.

Showing loving respect towards your parents, loving friendliness towards relatives and friends
and loving kindness towards your children, you could endure various hardships.

Greeting neighboring folk with kind, loving smiles, you were a lay Upasika who possessed
kindheartedness. As my mother, you were joyful and brave.

Precisely twelve years have already passed since the day you departed from this world;
whatever feelings that arise while recollecting your kindnesses,
I intend to write them down on this clean white sheet of paper.

When I was a child drifting in the world, you gave me the satin waist belt rope that when fastened
every day on my body without parting, your kind face has repeatedly appeared in my heart.

Having been meditating in the secluded place of Lapchi for more than eight years, day and night
without parting from this fastened waist belt rope, I have been frequently renouncing the futility of
samsara and generating loving kindness by regarding all sentient beings as my kind parents.

With the attainment achieved through all the practices of the most profound generation and
completion methods, I vow to repay the kindness of this life's parents first,
followed by all parent sentient beings boundless as space.

As a seventy-five-year-old man,
milk-fed up to this moment
and thin, if the kindness that
could be described in forms,
the highest mountain and

Though you were a lay person,
Possessing utmost sincerity,

"If one is kind-hearted, all
virtuously attained." I firmly
life after life you will be

May you receive the
from Lord Chenrezig
Dharma Protector

from infancy when I was
when the hair is already white
had been granted by my mother
it would be higher than
deeper than the deepest sea.

you were indeed a practitioner.
you enjoyed benefiting others.

the paths and bhumis will be
believe in my heart that
reborn in the higher realms.

supreme care and guidance
who is the sole
in the Land of Snow.

To the Precious Guru
The Recollection of the Deceased Mother